



The Art of Wellness

Individuals are now finding themselves on a path searching for a life full of health, relaxation and stability. A place you can find tranquility and vitality through our healing, replenishing and restorative treatments. You will become grounded, balanced and revitalized. The Arizona Biltmore Spa is more than just a relaxing destination; it is a stress free retreat.

Welcome to a world dedicated to your wellness

"Give me the luxuries of life,
and I will willingly do without the necessities"

- Frank Lloyd Wright

Massage Therapies

Massage focuses on bringing balance and relaxation to the mind, body and spirit. Using the finest organic massage oils, these treatments will melt away the stresses of everyday life.

Hands of Healing Massage

A personalized massage that blends fluid Swedish movements with a collection of techniques tailored to your individual needs. This healing massage aids in relaxation and provides an overall sense of well-being. (50 or 80 Minutes)

Deep Tissue Massage

A therapeutic massage that focuses on deep muscle and connective tissue. This massage is customized to your needs using various therapies such as trigger point, friction and stretching, alleviating chronic tension and assisting the body in releasing toxins. (50 to 80 Minutes)

Sports Recovery Treatment

This invigorating treatment begins with a healing salt scrub bringing attention to tired muscles. The experience continues with a stimulating liniment rub and sports massage with a therapeutic cream containing aloe and arnica. This restorative service is great for athletes or jet lagged travelers looking to be energized and revitalized. (80 Minutes)

Sonoran Stone Massage

The penetrating warmth of smooth basalt stones joins perfectly with gentle pressure to bring relief to tense muscles and joints. This massage is deeply relaxing to the muscles. (50 to 80 Minutes)

Dreamcatcher Aromatherapy Massage

Experience an Arizona Biltmore signature treatment rich in Native American culture. Unwind as the highest quality essential oils and warm stones are carefully placed along your spine, balancing the body. A luxurious scalp massage will guide you into a deep state of relaxation, preparing you for a full body massage using our finest organic oil. Hot packs are used throughout the treatment to further melt away stress. You will leave feeling a renewed sense of well-being. (80 Minutes)

Ayurvedic Dosha Balancing Massage

This Ayurvedic inspired massage is designed to bring balance and harmony to the body, mind and soul. The therapist will customize your treatment with therapeutic grade herbal oils based on your constitutional needs and elemental body type. This treatment is enhanced with moist heat packs, intensifying the potent healing properties of the oils. This classic Ayurvedic massage aids in detoxification and will help nourish and calm the nervous system. You will feel relaxed and invigorated like never before. (80 Minutes)

Maternity Massage

A gentle massage designed for the expectant mother, this treatment focuses on the specific needs that accompany the joy of pregnancy. A delightful and relaxing treatment for the mother-to-be. (50 Minutes)

Restorative Foot Treatment with Reflexology

This treatment begins with an exfoliating and deeply hydrating warm foot wrap. A relaxing scalp massage will calm your senses preparing you for a reflexology treatment focusing on the ears, hands and feet. Your therapist will perform a general flushing of the body systems as well as focus on areas along the spine. This treatment will rejuvenate the body, taking relaxation to another level. (50 Minutes)

Couple's Massage

This massage uses the calming effects of our specially created aromatic essential oils to release stress and relax the senses. The couple's massage is performed in our outdoor massage cabanas (weather permitting). Can also be done In-Room for an additional fee. (50 or 80 Minutes)

Four Hands Massage

Possibly the ultimate spa experience, this treatment utilizes two therapists simultaneously performing a choreographed massage. The rhythm of four hands brings a state of deep relaxation, allowing the mind to float away. (50 Minutes)

Shiatsu

This treatment uses pressure point techniques and stretches to open blockages in the body, resulting in a relaxing and rejuvenating experience. Loose, comfortable clothing is required for this service. (50 Minutes)

Soothing Back Treatment

This treatment begins with a lymphatic dry brushing of the back followed by a warm, detoxifying clay mask application. While the mask is working, you will receive a luxurious scalp and foot massage. Finish with a detailed back, neck and shoulder massage, leaving you revived and renewed. (50 Minutes)

Soothing Back and Body Massage

Combine the Soothing Back Treatment with a full body massage for the ultimate in relaxation. (80 Minutes)

Massage Additions

*Aromatherapy Oil upgrade

*Therapeutic Sports Oil

*Exfoliating and Hydrating Foot Treatment

*May not be added to Shiatsu, Four Hands or Dreamcatcher massages

Quantum Biofeedback

Biofeedback has been scientifically proven to help reduce stress and hypertension. Quantum Biofeedback is a phenomenal advancement in stress reduction that can result in an improved sense of well being, deep relaxation, pain reduction, greater mental clarity and improved physical performance. Included in each session is a NRG card that stores the frequencies for up to one year. Choose from a customized session or one of the following:

Unblocking Potential-Release energy blockages and set your spirit free

Mood Boost-Activate good feelings naturally

Immune Support-Stimulate your immune system for optimal well-being

Pain Management-Frequencies programmed to neutralize pain

Brain Boost-Stimulate your mental energy

Available in 50 or 80 Minutes



Body Treatments

Luxurious body scrubs and wraps that soften, rehydrate and nourish your skin leaving you feeling alive and invigorated

Desert Botanical Salt Scrub

Take a journey from the desert to the sea with this vegan- and-nut-free salt scrub that uses superior oils that leave your body luxuriously silky and hydrated. A lavish exfoliation using salt and aromatic oils indigenous to the desert is applied to the skin. A decadent application of a hydrating body lotion follows this body scrub leaving the skin soft and replenished. Great for all skin types. (50 Minutes)

Organic Fiji Sugar Scrub

A deliciously hydrating scrub made with organic sugar cane, pure coconut oil and flower extracts that will leave your skin unbelievably silky smooth and glowing. Followed by a fragrant moisture application. (50 Minutes)

Cooling Vitality Wrap

This active mineral wrap restores vitality and quenches sun kissed skin. Soothing Aloe Vera and Shea butter leaves your skin deeply hydrated and radiant while the aroma of orange blossoms uplifts the spirit. Perfect for hot Arizona days, as it is done cold. Great for all skin types. (50 Minutes)

Healing Desert Clay Wrap

This purifying wrap uses native clay and essential oils. Vital minerals are delivered to your skin increasing circulation and relaxing tired, stressed muscles. An invigorating application of a healing lotion completes this treatment, leaving your skin renewed and refreshed. (50 Minutes)

Detoxifying Green Tea Seaweed Wrap

Detoxify and pamper your entire body with this beneficial sea infused wrap. This treatment begins with a lymphatic dry brushing to start the process of detoxification. A mask containing essential nutrients from seaweed and green tea is applied, rendering your skin hydrated, smooth and toned. This treatment is gentle enough for extremely sensitive or inflamed skin. (80 Minutes)

Herbal Body Peel and Tea Wrap

Wrap yourself in this unique herbal quilt. This customizable treatment leaves your skin beautifully soft and supple. Choose from our fresh herbs of sage (calming), rosemary (balancing) or lemon balm (energizing) to balance your mind and body. A light moisture application will leave your skin hydrated and glowing. (80 Minutes)

*All wraps include a light body exfoliation, relaxing face and scalp massage and decadent moisture application.

Skincare Treatments

Our facials are specifically designed to bring your skin back to optimal health and vitality through professional excellence and unforgettable care.

Biltmore Custom Facial

This customizable facial uses a unique cleansing method that moisturizes and leaves skin ideally prepared to absorb essential nutrients. Highly concentrated components are selected specifically for your skin type and individual needs. (50 Minutes)

Restorative Anti-Aging Treatment

This facial is perfect for aging skin with a loss of elasticity, wrinkles, enlarged pores and pigmentation. Fine lines and wrinkles are left smoothed, leaving your skin immediately restored to a fresher and younger look. (80 Minutes)

Essential Organic Facial

Leave the stress of everyday life behind and experience beauty in its purest form. Free of synthetics and containing natural extracts of certified organic ingredients, this facial leaves skin refreshed and revitalizing while stimulating cell renewal. (50 Minutes)

Rose Quartz Facial

Rose quartz has long been revered for its special healing properties as well as its beautifying and curative energy. This nutritive facial will improve moisture, increase vitality and soothe skin. A facial massage using rose quartz crystals will enhance cell renewal and promote positive energy. (50 Minutes)

Revealing Radiance Treatment

This results oriented facial utilizes a unique protein enzyme that stimulates cell metabolism to dramatically improve skins overall appearance. Significantly lifts, tightens and firms facial skin, increasing textural clarity and tone. (50 or 80 Minutes)

Gentleman's Facial

Men's common skin issues will be addressed in this facial. Your skin will be treated with specially designed ingredients filled with botanicals, vitamins and antioxidants to bring the perfect balance between simplicity and effectiveness. (50 Minutes)

Facial Additions

*Enhancing Eye Treatment

This addition to your facial is excellent for smoothing fine lines and giving ultimate hydration around the delicate eye area, helping to decrease puffiness and alleviate dark circles.

*Youthful Lip Treatment

This powerful treatment visibly smoothes expression lines and wrinkles. Restores and redefines the lip contour leaving your lips smooth, firm and youthful.

*Facial additions may be added to any facial except the Revealing Radiance Treatment and the Oxygen Infusion Facials

Oxygen Infusion Facials

These treatments stimulate the regeneration of new cells and plump the surface to reveal younger looking and glowing skin through the application of therapeutic grade oxygen. Choose one of four unique result driven infusions. Results will improve with a series of treatments.

Rejuvenation Infusion

Vitamins and antioxidants are infused into the skin resulting in unparalleled luminous hydration and visible age defying results. Your skin will feel instantly rejuvenated with improved firming and noticeable lift. Perfect before a big event. (50 Minutes)

Opulence Infusion

This infusion uses highly concentrated Vitamin C to safely and naturally treat uneven skin tone while revealing newfound luminosity and radiance. Skin tone is noticeably improved after one treatment. (50 Minutes)

Ultimate Infusion

This treatment contains all the beauty of the Rejuvenation Infusion, Opulence Infusion and the Botox Alternative Companion. The delicate area around the forehead, eyes and mouth is first treated with natural amino peptides to relax and smooth the appearance of fine lines and reduce wrinkle depth. The hydrating rejuvenation serum is then applied with the utmost care. To end this Ultimate Infusion, the skin brightening opulence serum rich in Vitamin C is applied to the delicate neck, décolleté area and tops of hands. You will emerge radiant and luminous with this ultimate indulgence treatment. (80 Minutes)

Clarity Infusion

This purifying infusion destroys acne causing bacteria, assisting in the rapid recovery of breakouts. Antioxidants and essential vitamins within help prevent future breakouts. (80 Minutes)

Botox Alternative Companion

Designed to smooth the forehead, soften the eye contour and immediately plump and smooth the lip area. This wonderful companion can be added to the Rejuvenation or Opulence Infusion.



Manicures and Pedicures

All manicures and pedicures include cleansing, exfoliation, nail and cuticle care as well as your choice of nail polish or buffing. Relax and enjoy the experience of our exceptional products and expert care for your hands and feet.

Manicures

Ultimate Manicure

A decadent manicure that is rich in antioxidants that leave your hands looking and feeling radiant and hydrated. (50 Minutes)

Hydrating Stone Manicure

This ultra hydrating manicure begins with a lavish exfoliation using coconut sugar scrub that is rich in emollients leaving your skin deeply moisturized and soft. A luxurious massage with coconut oil and warm stones complete this aromatic journey. (50 Minutes)

Refreshing Manicure

Restore your hands to their natural beauty with our refreshing manicure. A hydrating sugar scrub and moisturizing lotion make this the perfect manicure for those who get manicures regularly. (25 Minutes)

Sports Manicure

This treatment, specially designed for men, relaxes, revives and restores overworked hands. Beyond the professional manicured finish, this service offers relaxation and hydration. (25 Minutes)

Shellac Full Set

The breakthrough for resilient color that remains flawless for weeks at a time. The polish has zero dry time and a mirror finish. Ask about our fill application. (50 Minutes)

Pedicures

Ultimate Pedicure

A perfect companion to the Ultimate Manicure that is rich in antioxidants. This pedicure will leave your feet looking and feeling radiant and hydrated. (50 Minutes)

Hydrating Stone Pedicure

Relax while warm, smooth stones are used to massage the calves and feet. A lavish exfoliation using our coconut sugar scrub is used to hydrate and revitalize tired, stressed feet. (50 Minutes)

Foot Refresh Pedicure

Give your feet the break they need. Starting with a gentle exfoliation and finishing with a lotion application, this pedicure is great for those who get pedicures regularly. (25 Minutes)

Sport Pedicure

A pedicure specially designed for men, restoring overworked feet. Beyond the professional manicured finish, this services offers relaxation and hydration. (50 Minutes)

Hair Services

Enjoy our luxurious services that will revive and balance all hair types. Let our skilled hair stylists find the perfect look for you. We offer a wide array of services including:

Ladies Cut and Blow Dry

Shampoo and Blow Dry

Shampoo Set

Special Occasion Style

One Color Process

Highlights and Lowlights

Brazilian Blowout

Aeto Deep Conditioning

Brazilian Blowout

The most innovative and effective professional smoothing treatment in the world. This amazing treatment will improve the condition of your hair, eliminate frizz and smooth the cuticle. Results are smooth, healthy and frizz-free hair with amazing shine. Contains no harsh chemicals. Results last up to 12 weeks. (Approx 2 to 3 Hours)

Aeto Deep Conditioning Treatment

A two part deep conditioning treatment. First, a replenishing oil blend is massaged into the scalp for 15 minutes. This oil blend gives hair a silky shine and nourishes dry and damaged hair. The treatment concludes with the Barex shock treatment, which jolts dry and chemically treated hair back to health. Treatment does not include a blow dry. (50 Minutes)

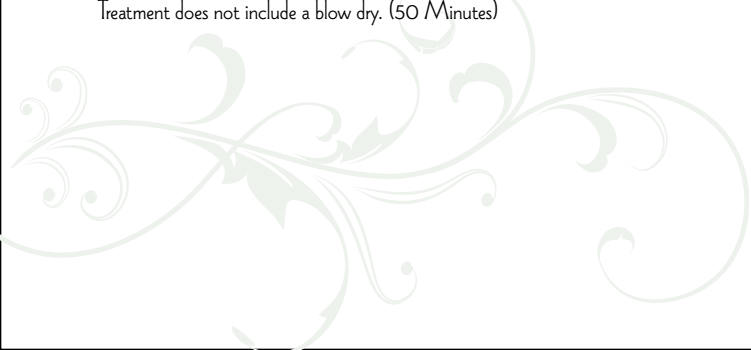
Makeup Services

Come and experience the personalized touch and creativity of our makeup artists tailored to fit any type of occasion. Our extensive line of mineral infused makeup is of the highest quality and is performance driven. Try our airbrush makeup application for a perfect high definition look that is custom blended and will remain flawless.

Makeup Application (35 Minutes)

Makeup Lesson (50 Minutes)

Airbrush Makeup Application (50 Minutes)



Spa Packages

Enjoy a day at the spa with our wonderful spa packages.

For your convenience, 18% gratuity will be added to the price of the package.



Jewel of the Desert

Organic Aromatherapy Massage (50 Min. Hands of Healing Massage with Aromatherapy upgrade)

Essential Organic Facial

Complimentary Fitness class of your choice

Approximately 3 Hours \$250

Biltmore Block

Hands of Healing Massage (50 Min.)

Biltmore Custom Facial

Refreshing Manicure

Foot Refresh Pedicure

Spa Lunch

Approximately 3 Hours \$325

Wright Combination

Dreamcatcher Massage

Cooling Vitality Wrap

Rose Quartz Facial

Ultimate Manicure

Ultimate Pedicure

Spa Lunch

Approximately 6 Hours \$570

Choose the Wright Journey

Book two or more 50 or 80 minute Spa services and receive 20% off each. Also applies to two or more 50 minute Salon services. (Services must be booked for same individual.)

Wedding Day Package

Special Occasion Style

Airbrush Makeup

Refreshing Manicure

Foot Refresh Pedicure

Spa Lunch

Add-on French polish available (\$10)

Approximately 3 Hours \$225

Like Mother Like Daughter

Refreshing Manicure for Two

Foot Refresh Pedicure for Two

Approximately 1 Hour / price is for two guests \$175

Healthy Lifestyles

The Arizona Biltmore recreation department offers a variety of fitness classes, personal trainings, tennis lessons and outdoor activities for yourself and the whole family.

To schedule an appointment or for more information, please call recreation at extension 7684.

Fitness Training

Personal Training

Work out one-on-one with a personal trainer and gain expert advice on your fitness needs.

Choose between:

30 minute session

60 minutes session

Series of three 60 minute sessions

Assisted Stretching

A highly trained fitness consultant will work with you one-on-one to personalize a stretching program tailored to your specific needs. (30 minutes)

Tennis Training

Fitness Assessment & Training Consultation

This is a great way to start a new exercise program or complement an existing one. A personal trainer will assess your current fitness level, and will personalize an exercise program including strength training, cardiovascular and stretching recommendations for you to take home with you. (60 minutes)

Flexibility Testing For Tennis with a Tennis Lesson

A personal trainer will assess your flexibility and recommend a series of stretches that will help improve your overall flexibility. Following the 30 minute flexibility training, you will work with our tennis pro on your tennis game with a 60 minute tennis lesson. (90 minutes)

Tennis Clinic

Work on your tennis game and strategies during this 60 minute session with our USPTA certified tennis pro.

Tennis Core Training with Tennis Lesson

Includes 30 minute core training with 60 minute tennis lesson. Having a strong core is beneficial to your overall tennis game. This 30 minute core training will help strengthen the abdominals, obliques and lower back. Following your core training, you will work with a USPTA certified tennis pro in a 60 minute lesson to perfect your tennis techniques. (90 minutes)

Fitness Classes

Spa Fitness Classes

(Held in Aerobics Studio in Recreation)

We offer a wide array of daily fitness classes for your enjoyment with our highly trained instructors. Please refer to our current fitness schedule found at the Spa Front Desk or call 7684 for more information. (50 minutes)

Private Fitness Classes

Work one-on-one with an experienced instructor who will customize the class to your specific needs and fitness level. We offer yoga, Pilates, Zumba, Tai Chi and Hydro Fit classes.

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Outdoor Adventures

*Private Guided Hike

Hike to the beautiful summit of Piestewa Peak or Camelback Mountain. Includes guide, water and transportation to and from the hotel. (2 to 3 Hours)

*Private Guided Mountain Bike Tour

This mountain bike tour is an unforgettable and exciting experience through the Phoenix Mountain Preserve. Includes guide, bike, helmet and water. (2 to 3 Hours)

*Family Hike Package

This guided hike is open to all levels of fitness. This hike will be to the beautiful summit of Piestewa Peak and is a perfect way to enjoy the scenery with the entire family. Includes guide, water and transportation to and from hotel. (2 to 3 Hours)

*Family Mountain Bike Tour Package

Join your guide through an exciting mountain bike tour through the Phoenix Mountain Preserve on desert trails. Lasts 2.5 to 3 hours and includes bike, guide, water and helmet. (2 to 3 Hours)

*Sunset Hike

Hike from the Biltmore to the mountain preserve trail. View the majestic Arizona Desert and witness a gorgeous southwestern sunset. This hike is only offered October through May (90 Minutes)

**Day in the Desert

Spend an amazing day of adventure in the Desert. This journey through the Phoenix Mountain Preserve begins with a mountain bike ride followed by a rugged hike to Piestewa Peak. During this outback adventure you will explore the Sonoran Desert while learning about wildlife, plants and geological history of the Phoenix Mountains Preserve. Includes lunch. This experience is only offered October through May (Approximately 6 Hours)

**Day in the Desert Package

Hike and bike in the beautiful Phoenix Mountain Preserve. Followed by lunch and a Sports Recovery Massage. Two day advanced booking required. This package is offered October through May (Approximately 8 Hours)

*Reservations required by 6pm the night prior to activity

**48 hour advanced booking required

Make the Most of your Spa Experience

Treatment Selection

Our knowledgeable staff will be happy to help you plan the perfect spa experience. To ensure availability, please reserve your services in advance by calling 602-955-6600 or 602-381-7632.

Spa Arrival

To ensure the full enjoyment of your spa experience, please arrive to the spa at least 30 minutes prior to your first treatment. This will allow enough time to be assigned a locker and change into the robe and spa sandals provided. Take time to unwind in the steam room, sauna, whirlpool or relaxation lounge.

Late Arrivals

Your appointment is reserved entirely for you. To honor each guest's spa experience, late arrivals will receive the remaining time of their appointment.

Spa Etiquette

The tranquility of the Spa's environment is important to us all. We respectfully request that you leave your cell phones and other electronic devices turned off. The Spa is a smoke free environment.

Cancellation Policy

If you must cancel or change your spa appointment, please notify us at least 24 hours prior to your services to avoid being charged in full. No-shows will be required to pay full price for their services.

Reservations

All reservations must be secured with a credit card. Please see our price guide for all of our treatment prices. Prices are subject to change without notice.

Age Requirements

The Spa and Salon welcome guests 18 years and older for Spa services. For Spa guests younger than 17, the parent must be on site and give consent. Guest is required to wear a bathing suit or cover-up. Salon guests under 17 are required to be accompanied by an adult during their service. The age requirement for use of the fitness center is 16 or older.

Personal Possessions

We are not responsible for the loss or damage of personal items, including clothing and accessories. We recommend that you leave valuables at home or in the safe provided in your guest room.

For Your Well-Being

When scheduling any appointment, please inform the reservation agent if you are pregnant, have any medical conditions or allergies. We recommend that you limit consumption of alcohol before, during or immediately after Spa treatments. For your protection, our service providers reserve the right to cease treatment if excessive alcohol consumption is suspected. We invite pregnant women to enjoy the Spa but recommend avoiding treatments using deep pressure, aromatic oils and treatments incorporating heat. For any health concerns, please allow our knowledgeable staff to assist you in choosing treatments that are right for you.

Service Gratuity

Gratuity is not included in the price of regular Spa services. If you wish to show your appreciation, you may add gratuity upon checkout at Spa Front Desk. An 18% gratuity is automatically added to Spa packages.

Spa Groups And Special Events

The Arizona Biltmore Spa specializes in creating unforgettable group experiences including special celebrations and events. Please call 602-955-6600 ext 2984 to plan your next event.

Spa Gift Cards

Gift cards are available in any increment and are the perfect gift idea for any occasion. Gift cards can be purchased and redeemed throughout the resort and can be used for Spa services, shopping and dining.



This symbol signifies treatments that are specifically designed to promote a healthy lifestyle.

Arizona Biltmore Spa 2400 East Missouri Avenue
Phoenix, Arizona 85016 www.arizonabiltmore.com
602-381-7632



The Art of Wellness

Spa Price Guide

Massage Therapies

Hands of Healing Massage

50 Minutes	\$135
80 Minutes	\$195

Deep Tissue Massage

50 Minutes	\$150
80 Minutes	\$210

Sports Recovery Treatment

80 Minutes	\$210
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Sonoran Stone Massage

50 Minutes	\$150
80 Minutes	\$200

Dreamcatcher Aromatherapy

80 Minutes	\$210
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Ayurvedic Dosha Balancing

80 Minutes	\$200
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Maternity Massage

50 Minutes	\$135
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Restorative Foot Treatment with Reflexology

50 Minutes	\$150
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Couple's Massage

50 Minutes	\$135 per person
80 Minutes	\$195 per person

In-Room Couple's Massage

50 Minutes	\$185 per person
80 Minutes	\$230 per person

Four Hands Massage

50 Minutes	\$280
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Shiatsu

50 Minutes	\$140
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Soothing Back Treatment

50 Minutes	\$150
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Soothing Back Treatment and Body Massage

80 Minutes	\$210
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Massage Additions

Aromatherapy Oil \$15

Therapeutic Sports Oil \$15

Exf. Foot Treatment \$35

Quantum Biofeedback

50 Minutes \$135

80 Minutes \$195

Body Treatments

Desert Botanical Salt Scrub

50 Minutes \$135

Organic Fiji Sugar Scrub

50 Minutes \$135

Cooling Vitality Wrap

50 Minutes \$165

Healing Desert Clay Wrap

50 Minutes \$165

Detoxifying Green Tea Seaweed Wrap

80 Minutes \$195

Herbal Body Peel and Tea Wrap

80 Minutes \$195

Skin Care Treatments

Biltmore Custom Facial

50 Minutes \$135

Restorative Anti-Aging Treatment

80 Minutes \$205

Essential Organic Facial

50 Minutes \$150

Rose Quartz Facial

50 Minutes \$135

Revealing Radiance Treatment

50 Minutes \$150

80 Minutes \$210

Gentleman's Facial

50 Minutes \$135

Facial Additions

Enhancing Eye Treatment

\$30

Youthful Lip Treatment

\$30

Oxygen Infusion Facials

Rejuvenating Infusion

50 Minutes \$185

Opulence Infusion

50 Minutes \$185

Ultimate Infusion

80 Minutes \$330

Clarity Infusion

80 Minutes \$225

Botox Alternative Companion

\$75

Spa Packages

Jewel of the Desert

3 Hours \$250

Biltmore Block

3 Hours \$325

Wright Combination

6 Hours \$570

Wedding Day

3 Hours \$225

Like Mother like Daughter

1 Hour each \$175

Choose the Wright Journey

Pricing varies depending on service chosen.



Salon Price Guide

Hair Services

Ladies Cut and Style	starting at \$68
Shampoo and Blow Dry	starting at \$58
Shampoo Set	starting at \$65
One Color Process	starting at \$85
Highlights (lowlights)	starting at \$110
Special Occasion Style	\$75
Aeto Deep Conditioning	\$75
Brazilian Blowout	\$400

Nail Services

Ultimate Manicure 50 Minutes	\$65
Hydrating Stone Manicure 50 Minutes	\$70
Refreshing Manicure 25 Minutes	\$40
Childs Manicure 25 Minutes	\$35
Ultimate Pedicure 50 Minutes	\$80
Hydrating Stone Pedicure 50 Minutes	\$85
Foot Refresh Pedicure 25 Minutes	\$60

Men's Services

Sport Manicure 25 Minutes	\$40
Sport Pedicure 50 Minutes	\$80
Gentlemen's Haircut and Style 25 Minutes	\$42

Nail Specialties

Acrylic Full Set 80 Minutes	\$90
Shellac Full Set 50 Minutes	\$70
Acrylic Fill 50 Minutes	\$60
Shellac Fill 90 Minutes	\$85
French polish 15 Minutes	\$10
Polish Change 15 Minutes	\$20

Makeup Services

Makeup Application 35 Minutes	\$65
Makeup Lesson 50 Minutes	\$75
Airbrush Makeup 50 Minutes	\$80

Healthy Lifestyles

Fitness Trainings and Classes

Fitness Assessment Training Consultation
60 Minutes \$125

Personal Training
30 Minutes \$65
60 Minutes \$85
Three 60 Minute sessions \$210

Assisted Stretching
30 Minutes \$45

Flexibility Testing for Tennis with Tennis Lesson
90 Minutes \$130
includes 30 Minute flexibility testing/
60 Minute tennis lesson

Tennis Core Training with Tennis Lesson
90 Minutes \$130
includes 30 Minute core training/
60 Minute tennis lesson

Private 50 Minute Fitness Classes
Yoga, Mat Pilates, Tai Chi, Zumba and Hydro Fit
1 person \$105
2-5 people \$125

Outdoor Adventures

Private Guided Hike
1 person \$65
2 people \$60 per person
3 people \$55 per person
4 or more people \$50 per person

Private Guided Mountain Bike Tour
1 person \$80
2 people \$75 per person
3 people \$70 per person
4-10 people \$65 per person

Family Private Hike
\$65 per adult
\$35 per child (up to 17 years of age)

Family Private Mountain Bike Tour
\$80 per adult
\$40 per child (up to 17 years of age)

Sunset Mountain Hike
\$40 per person

Day in the Desert
Approximately 6 Hours \$165

Day in the Desert Package
Approximately 8 Hours \$310 per person
(gratuuity not included)

