



The Art of Catering

~ BREAK MENU ~

## MORNING BREAK SELECTIONS

### SPECIALTY BAKERIES

Warm Cinnamon Honey Pecan Sticky Buns

Fruit and Cheese Filled Danish

Banana Nut, Orange and Cranberry Sweet Breads

Assorted Fresh Baked Muffins with Sweet Butter and Preserves

Flaky Croissants

New York Style Bagels with Cream Cheese

Cinnamon Swirl Coffee Cake



### COOKIES BROWNIES & SWEETS

Assorted Freshly Baked Cookies;

Roasted Peanut Butter, White Chocolate Macadamia Nut,  
Oatmeal Raisin, and Double Chocolate Chip

Chocolate Fudge Brownies

Homemade Biltmore Granola Bars

Miniature European Pastries

Chocolate Covered Strawberries

### FRESH FRUIT SELECTIONS

Assortment of Whole Fresh Seasonal Fruits

Individual Fruit Yogurts

Sliced Seasonal Fresh Fruit

*(Chefs Selection of Finest Fruit Available)*

*Small Serves 25*

*Medium Serves 50*

*Large Serves 100*

### ADDITIONS

Assorted Candy Bars;

Snickers, Milky Way, Kit Kat, M&M's, Hershey's

Individual Bags of Potato Chips

Individual Bags of Pretzels

Individual Bags of White Cheddar Popcorn

Häagen Daz Ice Cream Bars

Simply Fruit Bars

Frozen Yogurt Bars and Ice Cream Sandwiches

## THEME BREAKS

### THE ICE CREAM STOP

Select your favorite ice cream from our delicious selection;

Toasted Almond,  
Strawberry Shortcake  
Chocolate Éclair and More

Freshly Brewed Regular and Decaffeinated Coffee  
Assortment of Teas

### BILTMORE TEA TIME

Scones, Macaroons  
Miniature European Pastries  
Continental Cookies  
Fresh Strawberries and Cream  
Lemon Pound Cake  
Banana Walnut Bread  
Sliced Wedges of Lemon  
Assorted Sugar (White and Dark)

Fresh Sliced Seasonal Fruit and Berries  
Freshly Brewed Regular and Decaffeinated Coffee  
Assortment of Teas

### THE NATURALIST

I'm Nuts for this Stuff!

A Hearty Break with Assorted Nuts,  
Salted Seeds, Granola Bars, Power Bars  
Trail Mix

Freshly Brewed Regular and Decaffeinated Coffee  
Assortment of Teas

### SHAKE IT, DUST IT, DIP IT BREAK

Make Your Way Through Assorted Bakeries,  
Beignets, Pretzels  
Donuts, Granola  
Sweet Glazes  
Cinnamon Sugars, and Chocolates

Create your own Sweet Masterpiece  
*(Pastry Chef Required)*

Fruit Juices, Smoothies,  
Freshly Brewed Regular and Decaffeinated Coffee  
Assortment of Teas

### JUMP START

Meeting Too Long?

A Combination of Power Drinks and Espresso,  
Espresso Shots Made to Order "Latin Style"

Red Bull, (Diet and Regular)  
Gatorade Drinks  
Chocolate Coffee Beans  
Candy Novelties

### ARTICHOKE & SPINACH AND PEPPERED HERB QUESO DIPS

Fresh Vegetable Sticks  
Italian Crostinis  
Crispy Tortilla Chips



## THEME BREAKS

(CONTINUED)

### I WISH EVERY DAY WAS SUNDAE!

Especially when you get to Create Your Own Sundae with These Ice Creams and Sorbets:

Double Chocolate  
Vanilla Bean, Natural Strawberry  
Berry Sorbet

Choice of / Select

With an Assortment of Fruit and Chocolate Toppings,  
Whipped Cream, Toasted Almonds, Walnuts, Maraschino Cherries  
and Novelty Candy Sprinkles

Freshly Brewed Regular and Decaffeinated Coffee  
Assortment of Teas

### FRUITOPIA

Chill Out!

All Natural Frozen Popsicles,  
Fruit Skewers, Frozen Melon Wedges and Grapes  
Individual Fruit Juices

### TROPICAL FRUIT MONGER

Cut to Order by our Fruit Monger, the Freshest

Tropical Fruits, Berries, Melons and Exotics  
Sparkling Fruit Waters

Fruit Smoothies  
Freshly Brewed Regular and Decaffeinated Coffee  
Assortment of Teas

### AS THE COOKIE CRUMBLES

Wonderful in the Morning, and Better in the Afternoon  
Chocolate Chip, Oatmeal Raisin, Roasted Peanut Butter,  
White Chocolate Macadamia Nut and Assorted Continental Cookies  
Whole Milk, Skim Milk

Brewed Regular and Decaffeinated Coffee  
Assortment of Tea

### MUFFIN MADNESS

Get Rejuvenated Without all the Sugar:  
Freshly Baked Fruit Filled Muffins, Savory and Streusel Topped  
Fresh Brewed Coffee, Frappuccinos and  
Ice Cold Whole and Skim Milk

### A WALK DOWN THE ARIZONA BILTMORE HISTORY

Treats from the Past and Present

Enjoy House Made Granola, Granola Bars, Our Famous Arizona  
Biltmore Cookies, and Mini Bowman-Biltmore Waldorf Astoria Salads  
Served the Same Way Since 1929 in Petite Apples,  
Fresh Brewed Coffee, Chilled Cider and Ice Cold Whole and Skim Milk



### EATING NATURALLY

Go Without the Ups and Downs of Sugar and  
Let Your Body Produce Natural Sugar with This Life Style Break  
Spiced Nuts, Pistachios, Candied Pecans,  
Cumin-Smoked Dusted Almonds, Honey-Dusted Peanuts  
Vitamin Water and Odwalla Juices

### AFTERNOON SIESTA

Fresh Corn Tortilla Chips  
Grilled Cactus Salsa Guacamole and Salsa Fresca  
Fresh Fruit Skewers

*Pricing is based on 30 minutes of service.  
For additional Themed Breaks from Biltmore Destination Services,  
please contact your Catering or Conference Service Manager.*

*For your convenience, we can include the service  
of the following beverages for breakfast, at an additional charge:  
Assortment of Diet and Regular Soft Drinks  
Arizona Biltmore Bottled Water*