



TIERRA LUNA

SPA MENU

Tierra Luna Spa brings a transformative new dimension of desert chic to the Arizona Biltmore experience. Here, inspired by the unique spirit of the Sonoran Desert, is a place in which to feel centered, at one with nature's powerful beauty, and provides a sense of cosmic wonder.

Spa treatments are centered on:



Desert Botanicals



Cosmic Connection



Dynamic Recovery

Tierra Luna Journeys

Tierra Luna Grounding Journey

4.5 Hours \$650

Sonoran Healing Massage
Grounding Facial
Tierra Luna Manicure
Tierra Luna Pedicure
Well Bar Offering

Body in Balance CBD Journey

3.5 Hours \$525

CBD infused ritual to include:
CBD Body Polish, Aroma Infused Shower, CBD Restore wrap, CBD Massage
and CBD Manicure and Pedicure.

Beauty Journey

5 Hours \$775

Sonoran Healing Massage
Luna Cosmic Facial
Tierra Luna Manicure
Tierra Luna Pedicure
Special Occasion Hair
Special Occasion Makeup
Well Bar Offering

Tierra Luna Signature Rituals

Alchemy Mud & Crystal Wrap

2 Hours \$390

Indigenous mud has long been celebrated for its ability to detoxify and soften skin, improve circulation and generally ease life's aches and pains. When paired with essential oils and a crystal specifically chosen to enhance the energy of your unique treatment, this fully customized journey promises powerful renewal.

Deepen your experience with our expert astrologer who blends birth-charts and cosmic forces into personal revelations. *Reading is additional 30- or 60-minutes

Celestial Circadian Ritual

2 Hours \$375

A warm magnesium scrub melts onto the body before a tranquil bath in lightly-fragranced magnesium salt soaks away all tension. This is followed by full-body massage with essential oils focused on acupuncture points to target relaxation and restful sleep.

Couples Rituals

Tierra Luna creates a place of sensorial adventure and shared delight for our Couples Rituals. Within these rituals, the desert's healing properties are harnessed in a range of memorable experiences that bring you back to one another in meaningful connection.

Desert Rose

2.5 Hours \$795

Aroma Infused Steam Shower
Couples Massage
Rose Quartz Soaking Ritual
Wellness Refreshments

Cosmic Connection

2 Hours \$775

Couples Astrology Reading
Couples Alchemy Mud & Crystal Wrap

Sonoran Harmony

1.5 Hours \$600

Couples Massage
Aroma Infused Steam Shower or Soak

Signature Massage & Body Experiences

Sonoran Healing Massage

60/90 Minutes \$195/290

Sonoran massage reduces stress and tension throughout the whole body.

Recovery Massage

60/90 Minutes \$195/290

Specialized, focused pressure to reach deeper into the muscle layers. The strong pressure makes for a more powerful experience that can lead to a wonderful sense of calm relaxation, pain relief and muscle recovery.

Chakra & Sound Massage

90 Minutes \$295

This full body, aromatic massage introduces seven essential oil blends that have been attuned to each of the seven chakras' vibrational energies. It also incorporates the sound of 'ohm' - which vibrates at the same frequency found throughout everything in nature - and is thought to release tension, alleviate muscular aches and pains and increase energy levels.

Balancing CBD Massage

60 Minutes \$210

Bring back harmony to the body and soul with our CBD and arnica enhanced massage that cares for tired muscles, hydrates skin and relaxes the mind. This is the treatment to choose if you love the feeling the day's tension and anxiety just melting away.

Signature Massage & Body Experiences (continued)

Lucid Awakening

90 Minutes \$295

Be transported to a desert oasis with local aromas and products, and a woven cloth from the Agave (cactus) for dry brushing. Lymphatic drainage then begins the detoxification process, boosting immunity and invigorating the nervous system. The skin will be quenched with rich vetiver body butter, known for its vitality boost, before you return to reality with an energizing scalp massage.

Orange Blossom Ylang Exfoliation

60 Minutes \$195

Sparkling citrus oils of bergamot and bitter orange enliven the senses during this nourishing body polish session. The Agave (cactus) dry brushing helps to shed impurities and exfoliates away dead skin with polishing sugars and honey enzymes.

Sage & Desert Salt Body Scrub

45 Minutes \$125

Fine-textured desert and dead sea salts containing a unique blend of essential minerals and trace elements are used to cleanse, exfoliate, and balance the skin's electromagnetic energy.

Enhancements

Breath Work - \$30

CBD Relief Balm - \$30

Gemstone Energy Eye Masks - \$45

Desert Sole Revival - 30 Minutes \$105

Skincare

Tierra Grounding Facial

90 Minutes \$295

Each essential element needed for life can be found in the earth's greatest treasures. Experience a grounding skincare facial using butterfly bush stem cells, golden chamomile and aspen forest active ingredients, before wild-crafted prickly pear quells the senses and moisturizes your refreshed skin. Rest in the gentle warmth while a Glow Philtre mask packed with powerful pomegranate enzymes is activated beneath the nurturing sensation of warm steam.

Luna Cosmic Facial

60 Minutes \$205

A love letter to the stars through the skin and senses. This is a hydration-intensive recovery ritual designed to soothe and reinvigorate the complexion. Using KYPRIS's unique garden of sustainably-sourced ocean botanicals, thalasso therapies and green biotechnology, a sequence of washes, masks and treatments are applied to the skin before a rose quartz crystal rolls over the skin in a series of massage movements inspired by the lunar cycle. This is a supremely nurturing treatment ideal for anyone craving a plumper-looking, hydrated, soothed, and luminous complexion.

Forever Young Antiaging Facial

30 Minutes \$135

This results-driven facial delivers instant rejuvenation by revealing the true radiance behind fatigued and stressed skin. Natural proprietary ingredients and extracts boost the skin's innate ability to repair existing damage and reduce the signs of aging - for 'Forever Young' skin.

Enhancement Recommendation: Microcurrent Treatment 30 Minutes

Skincare (continued)

HydraFacial

60/90 Minutes \$285/385

Visibly transformative results with this hydra-dermabrasion treatment that can simultaneously cleanse, exfoliate, extract and hydrate using proprietary serums filled with antioxidants, peptides and hyaluronic acid. A non-invasive, non-surgical process that delivers instant rejuvenation with no discomfort or downtime.

Luminous Quartz Cryo & Thermal Facial

60 Minutes \$290

Linked to the heart chakra and commonly referred to as the 'love stone,' the Rose Quartz crystalline energy promotes a sense of compassion, love, and peace. Utilizing our signature rolling technique that doubles as a lymphatic drainage massage, a cyclical balance of warm and cool cryotherapy tools and signature desert extracts to tone and detoxify the skin, this treatment is the ultimate in rejuvenation.

Enhancement Recommendation: Gua Sha 30 Minutes

Men's Mystic Awakening Facial

60 Minutes \$195

The Mystic facial for men uses a powerhouse of enzymes to provides deep purification of the pores, followed by a thorough double cleanse and a detoxifying mask as the finishing touch. Emerge feeling bright, refreshed and re-energized.

Enhancement Recommendation: Gua Sha 30 Minutes

Gemclinical Facial ✨

60/90 Minutes \$205/305

The perfect balance between spirituality and science, treating the skin holistically with the healing powers of gemstones and reiki energy. This facial ritual treatment addresses visible signs of aging such as fine lines and wrinkles, dryness, puffiness and uneven skin tone while helping to re-balance your chakra energies.

Choose the unique experience that feels right for your current needs:

INTUITION - CONNECTION - LOVE - GROUNDING

Enhancements

Breath Work *additional 15 Minutes \$30

Gemstone Energy Masks starts at \$45

Gua Sha *additional 30 Minutes \$45

Cryo + Thermal *additional 15 Minutes \$45

Microcurrent + LED Light Therapy *additional 30 Minutes \$55

Soaking Experiences

Allowing yourself the time to deeply soak in the spirit of the desert is an act of self-care. The Tierra Luna soaks are accompanied by restful music while essential oils and salts add to the sensory journey and supporting gemstones are chosen to change the energetic vibration of the water according to your needs.

Intention Bathing Ritual

30 Minutes \$105

Before bathing we invite you to scribe a personal intention onto a stone. This will slowly evaporate away during the course of your bath, becoming part of the experience and soaking into your thoughts to manifest within your power.

Goddess Bath Ritual

30 Minutes \$105

The Goddess Bath Ritual is a wonderful place for self-care, cleansing negative energy and powerful emotional healing. Use it to honor your inner goddess; to thank her, and to lift her up to the heights she deserves. Sink deep into the tub as flower petals drift through your fingers, visualize the goddess within, and let her radiance emerge.

Circadian Bath Ritual

30 Minutes \$105

Magnesium helps control how our cells manage the cycle of day and night. And, also known for its muscle-relieving properties, magnesium is one of the best remedies for aching muscles. Making time for a magnesium soak will put your whole body into a state of relaxation and start re-setting those rhythms.

Cosmic Experiences

Full Astrology Reading

60 Minutes \$200

This reading provides a detailed explanation of your natal birth chart. It delves into your personality, personal strengths and challenges, family, career, health, and relationships before looking at how the planets in the sky are influencing your chart now, and into the future.

Mini Astrology Reading

30 Minutes \$120

This 30-minute reading is perfect for someone who has had their natal birth chart interpreted before and would like to know more about the planetary energy affecting them right now.

Finishing Touches

Nail Experiences

Tierra Luna Manicure

45 Minutes \$75

Spa manicure with an exfoliating sugar scrub, custom essential oil selection, and finished with a polish that is vegan, cruelty-free and paraben-free.

Tierra Luna Pedicure

60 Minutes \$95

Spa pedicure with gemstones that change the vibration of the water, custom essential oil selection, exfoliating sugar scrub, signature indigenous mud, and finished with a polish that is vegan, cruelty-free and paraben-free.

Desert Express Manicure

30 Minutes \$60

Desert botanicals are used to hydrate the skin, followed by cuticle and nail care and finished with polish of choice.

Desert Express Pedicure

45 Minutes \$70

Desert botanicals are used to hydrate the skin, followed by cuticle and nail care and finished with polish of choice.

Gel Manicure

60 Minutes \$75

Gel Pedicure

60 Minutes \$85

Finishing Touches

Hair & Makeup Experiences

Blow Out & Style

Short 45 Minutes \$75

Mid-Length 45 Minutes \$85

Long 60 Minutes \$100

Deep Conditioning Treatment

60 Minutes \$85

Bridal & Special Occasion

Short 45 Minutes \$125

Mid-Length 45 Minutes \$150

Long 60 Minutes \$175

Bridal & Special Occasion Makeup

45 Minutes \$125