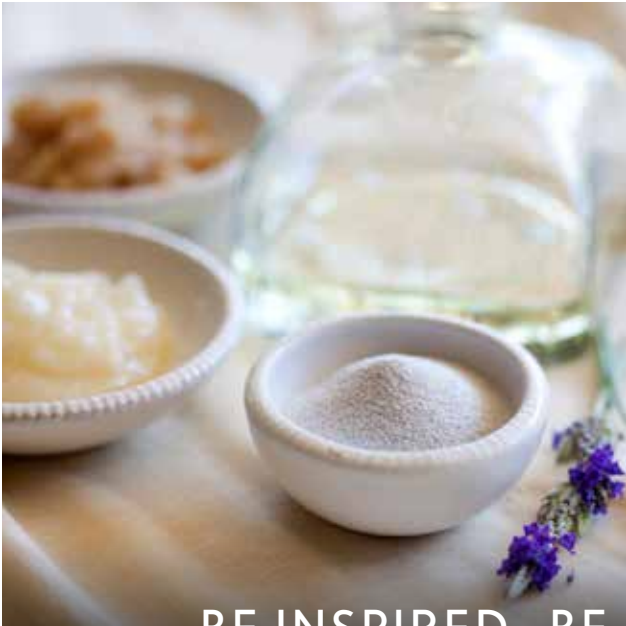




SPA BILTMORE



BE INSPIRED BE ACTIVE BE WELL





WELCOME TO SPA BILTMORE.

Our intention is to align with your desired treatment and wellness goals.

We are dedicated to providing a truly memorable and renewing experience
through the power of touch and authentic engagement.

With your health and well-being in mind, we offer a selection of organic and vegan
ingredients, therapeutic traditions and the latest noninvasive skin care technology.





SPA

SPA DAY PACKAGE

Allow our spa team to assist in designing the perfect spa day for you.

CHOOSE ANY TREATMENTS CONSISTING OF 180 MINUTES
OR MORE AND RECEIVE A DISCOUNT.

INSPIRED
TOUCH
for Relaxation &
Vital Energies.

Tranquility*

This light to medium pressure massage blends the fluid gentle movements of a Swedish massage with relaxation techniques, providing an overall sense of wellbeing. 50/80 minutes

Spa Biltmore*

Varying modalities may include deep tissue, sports and facilitated stretching. Experience the advantages of receiving true customization. 50/80 minutes

Couples

Share an unforgettable experience in our couples suite or alfresco. Warm soy aromatherapy candle and customized body-work focuses on individual care while creating memories together. 75 minutes

Prenatal

This full body massage is soothing for mom and safe for baby. An organic prenatal aromatherapy blend aids in relaxation while specific pregnancy discomforts are addressed. You will be gifted with body oil for home care. 50/80 minutes

Right There*

Focused work on specific muscle groups or area of concern. 20 minutes

Facilitated Stretching

Stretching techniques to enhance both active and passive range of motion. Wear loose comfortable clothing. 20 minutes

*Add Aromatherapy to your Massage



Inspired Touch Treatment Additions

Extend and Enhance Your
Service - 30 minutes each



Focused Work

Focused massage on specific
muscle groups or area of concern.

Foot Revive

Oxygen promoting peppermint
and shea butter foot polish and wrap
is completed with a foot massage.

Absolute Beautifying Potion, Scalp Massage

Exclusive organic Oi Oil from Davines
defines this luxurious scalp treatment.
Massage, scalp movement techniques
and the fresh scent of Oi will fortify
your hair and scalp. Look at the shine.

Cranial Sacral Balancing

Gentle holding techniques at the
neck and sacral area assist the body
in promoting natural energy movement
of the head and sacrum for ease of
fatigue and stress related tension.

Back Relief

Organic mint and Arnica Gel Polish
exfoliate and invigorate tired muscles
in the back. Circulation is encouraged
with warm compresses and soothing
turquoise-sage muscle cream.



LEGENDARY THERAPIES

Traditional Techniques with the
Distinctive Spa Biltmore Touch



Jewel of the Desert

Activate and nourish energy centers using seven luxurious oil blends. Relax and breathe in the essence of each aromatic oil as they are introduced with a reflective key word and varying energy of touch. The benefits of warm elements encourage alignment.

80 minutes

Turquoise Sage Stone

Clearing properties of warm basalt stones compliment sage and lavender essential oils bringing soothing relief in this full body massage. 75 minutes

Foot Cleansing and Reflexology

Warm exfoliating foot polish rejuvenates the feet and a scalp massage calms the senses. Ear and foot reflexology awaken natural energy movement, taking relaxation to another level.

50 minutes

Cranial Sacral Balancing

Gentle holding techniques at the neck and sacral area assist the body in promoting innate energy flow through the head and sacrum. Known to help ease fatigue and stress related tension.

20 minutes





BODY-TREATMENTS

Cleanse, Restore
and Revive

Volcanic Sand Meets Red Clay Detox

White and black volcanic sand, Moroccan argan oil and red clay, exfoliate and absorb impurities. The massage application of Egyptian geranium and avocado lotion nourish during a warm body wrap with customized body-work. 75 minutes

Chinese Jasmine Hydration

Organic body brushing awakens the skin. A massage with custom body cream rich in Chinese jasmine, shea butter and aloe, promote feelings of warmth and inspiration. A warm linen wrap and customized body-work evoke tranquility. 75 minutes

Intentional Apothecary Body Polish

Design your optimal aromatic experience as you begin your treatment by choosing from a selection of polish and aromatherapy blends below: 45 minutes

Polish Choices:

- Pacific salt and sesame oils.
- Micronized bamboo pearls, aloe gel base

Aromatherapy Blend Choices:

- IUnwind
- IPlay
- IRenew
- IRejoice
- ILove

Magnesium Muscle Ease

Light body brush exfoliation prepares the body for the application of hydrating Trans Dermal Magnesium Gel. Focused work is done while enveloped in linens allowing the absorption of muscle relaxing magnesium and nourishing red marine algae. 45 minutes

Cleans, Contour and Uplift

Tone and invigorate during this Red Carpet Ready body-wrap. Highly effective dry brush exfoliation promotes oxygen movement and assists the body's natural cleansing systems. You will find yourself in a warm linen cocoon with Italian Lemon, espresso and rich oils, peacefully receiving custom body work. 75 minutes



ADVANCED SKIN CARE

Professional expertise, natural elements and technology synchronize to deliver effective skin rejuvenation.

NuFace

Gentle micro-current technology lifts, contours and firms the facial muscles. 25 minutes

HydraFacial®

The HydraFacial® resurfacing technology thoroughly enhances the skin using patented Vortex Technology™ to cleanse, exfoliate, extract, and hydrate while simultaneously providing the skin with cellular supportive serums and hydration. 30 minutes

Grape Stem Cell Solutions

Increase the vitality of your skin. Innovative plant stem cell technology sourced from organic grapes has shown to restore volume, increase cell longevity and collagen production. Mineral salts, carotene and essential oils strengthen and activate your youthful appearance while providing natural UV protection. 60 minutes

Effective Boost

An intense cleansing system derived from natural oils, moisturizes and prepares the skin to absorb highly active customized serums. Various masks assist in the delivery of nutrients

to the cellular structure, balancing and hydrating the skin. 60 minutes

Gentleman's Facial

This facial addresses Men's common skin concerns. Your skin will be treated with specially designed ingredients filled with botanicals, vitamins and antioxidant to bring the perfect balance between simplicity and effectiveness to your skin. 60/90 minutes

Radiance

Results oriented, this facial utilizes a unique protein enzyme that reprograms cell metabolism memory to dramatically improve skins overall appearance. Lifts and firms facial skin increasing textural clarity and tone. 60 minutes

Hydrafacial

The HydraFacial® resurfacing technology thoroughly enhances the skin using patented Vortex Technology™ to cleanse, exfoliate, extract, and hydrate while simultaneously providing the skin with cellular supportive serums and hydration.

Includes additional enhancements:

Gly Sal Glycolic and Salicylic acid peel, full face extractions, lymphatic drainage and LED light therapy. 90 minutes



Oxygen-Power of Three

Transform the skin barrier function and deliver three highly effective layered hyaluronic acid serums to the tissue through pressurized oxygen. **Atoxelene** serum a botox alternative, **Rejuvenation** serum supplies Vitamins A, C, E and Green Tea and **Opulence** brightening formulation. Bring back your glow. 90 minutes

Transformative Anti-Aging

Enzyme cleansing and AHA provides double exfoliation that intensely stimulates cellular reproduction. Plant derived retinal with natural marine collagen permeates to restructures deep tissue layers adding essential moisture and desirable toning. 90 minutes



Include in your Treatment - Maximize Results

- **High Frequency-Light Therapy**
Known for improving blood circulation, cellular turn over, increase the elastin and collagen production while providing antibacterial action.
- **AHA Peel**
Fruit acid and Glycolic acid peel exfoliates, nourishes and renews.
- **Apple Stem - Cell Hand Treatment**
Refine and protect building collagen, elasticity and treating pigmentation.
- **Sensational Eye Treatment**
Hydration for the delicate eye area.
- **Kaplan MD, Beverly Hills Lip Treatment**
Restores and contours the lip.



Skin Care Additions

Extend and Enhance Your Skin Care Service

- **NuFace** - Enhance any facial with gentle micro-current technology lifts, contours and firms facial muscles. 30 minute
- **Absolute Beautifying Potion, Scalp Treatment**
Exclusive Oi Oil from Davines defines this luxurious scalp treatment. Rocou oil rich in beta carotene assists in reducing free radical damage and keeping the hair strong and scalp healthy. 30 minutes

JUNIOR SPA

Young Guests Ages 10-17

45 minutes

Relaxation Massage

A relaxing massage customized to our young guest. Treatment may include only hands and feet. Swim Suit required.

Glow Facial

This facial includes cleansing, exfoliation and hydration. Customized to include skin care tips for teens.







A close-up photograph of a woman's shoulder and hair on the left side of the frame. The background is a solid, muted grey. The word "SALON" is centered in the middle of the image in a white, clean, sans-serif font.

SALON

NAIL AND HAIR CARE

NAIL CARE

Manicures 50 minutes

Pedicures 50 minutes

Grounding Elements

White and black volcanic sand, Moroccan argan oil and red clay, exfoliate and absorb impurities.

The massage application of nourishing organic geranium lotion with avocado oil and shea butter will moisturize and hydrate.

Foot Rehab

Treat yourself to an uplifting mineral soak before refining your skin texture with a powerful foot peel and exfoliation utilizing lactic acid, apricot seed and tri-fruit acid complex. Varying massage techniques with replenishing foot balm delivers softening botanicals, leaving the skin looking and feeling fresh.

Bamboo Aloe

Effective and nourishing Bamboo polish smoothes, preparing the skin for varying massage techniques utilizing

cooling Shea butter, jojoba and organic botanicals.

Distinguished – Just for Men

Detailed nail care, cuticle work and exfoliating massage will relax and leave you feeling your best.

Express Nail Care

- Manicure or Pedicure - Detailed nail care with moisturizing lotion and your favorite lacquer color. 20 minutes

Nails Systems

- Acrylic Full Set
- Acrylic Fill
- Shellac Full Set
- Shellac Fill

Manicure and Pedicure Enhancements

- French Polish or Matifying
- Warm Stone Massage
- Magnesium Muscle Treatment
- Eco-Fin Paraffin Alternative

“By creating beauty sustainably, we encourage people to take care of themselves, of the environment in which they live & work, of the things they love.”

- Davines

HAIR CARE

Davines Hair

- Ladies Cut and Style
- Men's Cut and Style
- Shampoo and Blow-Dry
- Shampoo and Set
- Special Occasion Styling
- Intense Conditioning Treatment

Retexturing

- Keratin Smoothing System
- Ironing Techniques

Color

- Base Color
- Highlights or Lowlights
- Flamboyage - Revolutionary color service producing natural, seamless color results.

BRIDAL - STUNNING LOOKS

- Bridal Hair Trial
- Bridal Hair
- Bridal Make-up Trial
- Bridal Make-up

MAKE-UP ARTISTRY

by La Bella Donna

- Makeup Application
- Makeup Lesson
- Eyelash Application
- Airbrush Makeup

[Ask about our facial waxing.](#)



ESSENTIAL SPA INFORMATION

- With consideration for other guests, please refrain from the use of cell phones in our relaxation areas.
- The consumption of alcohol is contraindicated prior or immediately after treatments.
- Please advise our reservation agent if you have allergies, are pregnant or have any health concerns.

CANCELLATION POLICY

- We honor a 6 hour cancellation policy. Please cancel at least 6 hours in advance of your scheduled treatment time to avoid a cancellation fee of 50% of the price of scheduled treatment.

JUNIOR SPA SERVICES

- 10-17 years of age must be accompanied and registered in the spa by a parent or guardian.

