



SPA BILTMORE



BE INSPIRED BE ACTIVE BE WELL



WELCOME TO SPA BILTMORE

Our intention is to align with your desired treatment and wellness goals. We are dedicated to providing a truly memorable and renewing experience through the power of touch and authentic engagement.

With your health and well-being in mind, we offer a selection of organic and vegan ingredients, therapeutic traditions and the latest noninvasive skin care technology.



SPA

SPA DAY PACKAGE

Allow our spa team to assist in designing the perfect spa day for you

MASSAGE THERAPY for Relaxation and Vital Energies

Tranquility*

This light to medium pressure massage blends the fluid gentle movements of a Swedish massage with relaxation techniques, providing an overall sense of well-being. 50/80 minutes

Spa Biltmore*

Varying modalities may include deep tissue, sports and facilitated stretching. Experience the advantages of receiving true customization. 50/80 minutes

Couples

Share an unforgettable experience in our couples suite. Warm soy aromatherapy candle and customized body-work focuses on individual care while creating memories together. 75 minutes

Prenatal

This full body massage is soothing for mom and safe for baby. An organic prenatal aromatherapy blend aids in relaxation while specific pregnancy discomforts are addressed. You will be gifted with body oil for home care. 50 minutes

Neck, Back and Shoulder Massage

Focused massage is applied to targeted areas of the neck, back and shoulders, relieving stress and tension. Perfect for those who need a pick me up or are pressed for time. 25 minutes

Cranial Sacral Balancing

Gentle holding techniques are used on the head and body alongside the body's natural rhythms to alleviate tension. This noninvasive therapy assists in calming the central nervous system while decompressing the bones and joints of the head, neck and spine, easing fatigue and every day stress. 20 minutes

Detox Massage

Tone and invigorate during this exclusive toning and firming detox massage. Citrus herbal body brushing prepares the body, stimulating lymphatic drainage. Warm oil infused with purifying lemon and toning coffee oils are incorporated into the body, focusing on key areas of detoxification. A warm application of our nourishing vanilla cream will evoke tranquility. 75 minutes

Treatment Additions

Extend and Enhance Your Service - 25 minutes each



Focused Work

Focused massage on specific muscle groups or area of concern.

Foot Revive

Oxygen promoting peppermint and shea butter foot polish and wrap is completed with a foot massage.



Nourishing Scalp Massage

Exclusive organic Oi Oil from Davines defines this luxurious scalp treatment. Massage, scalp movement techniques and the fresh scent of Oi will fortify your hair and scalp.



*Add Aromatherapy to your Massage



LEGENDARY THERAPIES

Traditional Techniques with the
Distinctive Spa Biltmore Touch

Jewel of the Desert

Balance and nourish mind and body with seven luxurious oil blends combined with varied massage techniques. Each individual energy center receives customized attention, bringing harmony to the body. The benefits of warm stones enhances your experience. 80 minutes

Turquoise Sage Stone

Clearing properties of warm basalt stones complement sage and lavender essential oils, bringing soothing relief in this full body massage. 75 minutes

Reflexology Foot Refresh

Warm exfoliating foot polish rejuvenates the feet and a scalp massage calms the senses. Ear and foot reflexology awaken natural energy movement, taking relaxation to another level. 50 minutes



BODY TREATMENTS

Cleanse, Restore and Revive



Volcanic Clay

Pore refining body scrub effectively polishes and prepares the body for an application of a powerful purifying mask. Volcanic Clay blended with botanical essences stimulates circulation and detoxify, while delivering mineral nutrients to the skin. Finish with a full body massage with our signature hydrating enzyme moisturizer; skin is left soft and glowing. 75 minutes

Organic Super Fruit Hydration Wrap

Antioxidant rich coconut scrub exfoliates the skin while preparing it for an application of mango enzyme mask. This powerful Super Fruit infuses the body with vitamins while creating a smoothing and refreshing effect on the skin. Custom body work will relax the mind while you experience the exotic aromas. The finishing touch is a coconut firming body lotion with collagen boosting plant stem cells that will hydrate and refresh. 75 minutes

Aromatherapy Body Polish

Choose your optimal aromatic experience from a selection of carefully blended locally crafted scents. Aloe and Shea Butter cream will nourish and condition your skin. 45 minutes

Magnesium Muscle Ease

Light body brush exfoliation prepares the body for the application of hydrating magnesium gel. Focused work is done while wrapped in linens, allowing the absorption of muscle relaxing magnesium and nourishing red marine algae. 45 minutes



ADVANCED SKIN CARE

Professional Expertise, Natural Elements and Technology Synchronize to Deliver Effective Skin Rejuvenation

HydraFacial®

The HydraFacial® resurfacing technology thoroughly enhances the skin using patented Vortex Technology™ to cleanse, exfoliate, extract and hydrate, while simultaneously providing the skin with cellular supportive serums and hydration. 25/50/80 minutes

Organic Peptide Renewal Facial

Increase the vitality of your skin. A renewing facial using luxury botanical and organic ingredients sourced from Arctic berries. Deep exfoliation combined with powerful peptides and plant stem cell infusion, firms and smoothes the skin's surface for instant results. 50 minutes

Boost

An intense cleansing system derived from natural oils, moisturizes and prepares the skin to absorb highly active customized serums. Various masks assist in the delivery of nutrients to the cellular structure, balancing and hydrating the skin. 50 minutes

Gentleman's Facial

This facial addresses men's common skin concerns. Your skin will be treated with specially designed ingredients filled with botanicals, vitamins and antioxidants to bring the perfect balance between simplicity and effectiveness to your skin. 50/80 minutes

Radiance

Results-oriented, this facial utilizes a unique protein enzyme that reprograms cell metabolism memory to dramatically improve skin's overall appearance. Lifts and firms facial skin, increasing textural clarity and tone. 50 minutes

Express Facial

A quick pick me up for those needing cleansing, exfoliation, steam, mask and specialized serum. Perfect as an addition to any massage or body therapy. 25 minutes



ADVANCED SKIN CARE

Professional Expertise, Natural Elements and Technology Synchronize to Deliver Effective Skin Rejuvenation

Rejuvenation Oxygen Facial

Perfect for all skin types, this skin quenching treatment provides the ultimate intense hydration with serum containing hyaluronic acid, vitamins and antioxidants that dramatically lift, tone and hydrate skin. Results are not only instant but continue to improve in the following days. 50 minutes

Transformative Anti-Aging

Enzyme cleansing and AHA provides double exfoliation that intensely stimulates cellular reproduction. Plant derived retinal with natural marine collagen permeates to restructure deep tissue layers, promoting essential hydration and elasticity. 80 minutes

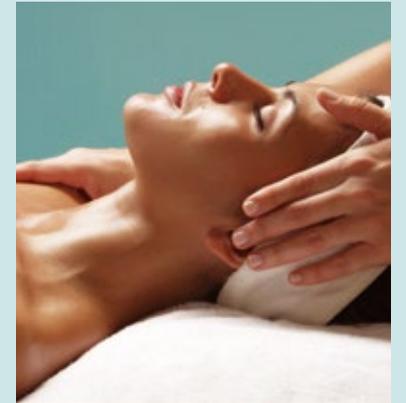
Include in Your Treatment - Maximize Results

- **High Frequency-Light Therapy**
Known for improving blood circulation, cellular turnover, increase the elastin and collagen production while providing antibacterial action.
- **GlyPro Professional Peel**
Known for boosting exfoliation, this alpha hydroxyl acid peel will enhance any facial treatment.
- **Nourishing Honey Hand Treatment**
Active fruit enzymes exfoliate revealing a more youthful appearance while nourishing honey rehydrates the hands.
- **Sensational Eye Treatment**
Hydration for the delicate eye area.
- **Kaplan MD, Beverly Hills Lip Treatment**
Restores and contours the lip.

Skin Care Additions

Extend and Enhance Your Skin Care Service

- **NuFace**
Enhance any facial with gentle micro-current technology, lifts, contours and firms facial muscles. 30 minutes
- **Absolute Beautifying Potion, Scalp Treatment**
Exclusive Oi Oil from Davines defines this luxurious scalp treatment. Rocou oil, rich in beta carotene, assists in reducing free radical damage and keeping the hair strong and scalp healthy. 30 minutes





SALON

NAIL AND HAIR CARE

NAIL CARE

Manicures 50 minutes

Pedicures 50 minutes

Grounding Elements

White and black volcanic sand, Moroccan argan oil and red clay, exfoliate and absorb impurities. The massage application of nourishing organic geranium lotion with avocado oil and shea butter will moisturize and hydrate.

Foot Rehab

Treat yourself to an uplifting mineral soak before refining your skin texture with a powerful foot peel and exfoliation utilizing lactic acid, apricot seed and tri-fruit acid complex. Varying massage techniques with replenishing foot balm delivers softening botanicals, leaving the skin looking and feeling fresh.

Bamboo Aloe

Effective and nourishing Bamboo polish smoothes and prepares the skin for varying massage techniques, utilizing cooling Shea butter, jojoba and organic botanicals.

Distinguished – Just for Men

Detailed nail care, cuticle work and exfoliating massage will relax and leave you feeling your best.

Express Nail Care

• Manicure or Pedicure - Detailed nail care with moisturizing lotion and your favorite lacquer color. 20 minutes

Nails Systems

- Acrylic Full Set
- Acrylic Fill
- Shellac Full Set
- Shellac Fill

Manicure and Pedicure Enhancements

- French Polish or Matifying
- Warm Stone Massage
- Magnesium Muscle Treatment
- Eco-Fin Paraffin Alternative

HAIR CARE

Retexturing

- Keratin Smoothing System
- Ironing Techniques

Color

- Base Color
- Highlights or Lowlights
- Flamboyage – Revolutionary color service producing natural, seamless color results.

BRIDAL - STUNNING LOOKS

- Bridal Hair Trial
- Bridal Hair
- Bridal Make-Up Trial
- Bridal Make-Up

MAKE-UP ARTISTRY

- Make-Up Application
- Make-Up Lesson
- Eyelash Application
- Airbrush Make-Up

[Ask about our facial waxing.](#)



ESSENTIAL SPA INFORMATION

- With consideration for other guests, please refrain from the use of cell phones in relaxation areas, locker rooms, and treatment rooms.
- Alcohol is not permitted in spa.
- The consumption of alcohol is contraindicated prior to or immediately after treatments.
- Guests must be 16 years or older in age to experience spa treatments and spa amenities.
- Please advise our reservation agent if you have allergies, are pregnant or have any health concerns.

CANCELLATION POLICY

We honor a 6 hour cancellation policy. Please cancel at least 6 hours in advance of your scheduled treatment time to avoid a cancellation fee of 50% of the price of scheduled treatment.

SERVICE CHARGE

For your convenience a 20% service charge will be added to your treatment which includes gratuity.

