

DECEMBER 2018

HOLIDAY RECREATION & FITNESS



**ARIZONA
BILTMORE™**

A WALDORF ASTORIA® RESORT

HOLIDAY EVENTS

NIGHTLY HOLIDAY TOAST

5:45pm | Squaw Peak Terrace

Join us for our nightly holiday tradition as we toast one of America's greatest songwriters. Irving Berlin penned the iconic holiday song "White Christmas" while sunning beside our very own Catalina Pool.

LETTERS TO SANTA

Through December 25 | Historic Building Lobby

Visit our letter writing station and tell Santa what you want for Christmas this year!

GINGERBREAD TEA

December 1 - 24 | Wednesday - Sunday

Seatings at 11am & 2pm | Historic Building Lobby

Enjoy a selection of teas, indulgent pastries, cakes and sandwiches. Includes one glass of champagne per adult and a gingerbread cookie for kids. \$75⁺⁺ Adults | \$35⁺⁺ Kids 5-12. Reservations required. Dial Ext. 7000.

HOLIDAY COOKIE DECORATING

December 8 & 22 | 1pm - 2pm | Frank & Albert's

Mrs. Claus needs your help decorating cookies this holiday season! \$20⁺⁺ per child. Reservations required. Call 602.954.2518.

BREAKFAST WITH SANTA

December 15 | 8:30am - 12:30pm

Arizona Biltmore Ballroom

Enjoy a decadent holiday breakfast buffet with a special visit from Santa. \$40⁺⁺ per person. Complimentary for ages 3 and under with a paying adult. Reservations required. Call 602.954.2572.

For more information on holiday events, visit arizonabiltmore.com/holidays/

ADULT ACTIVITIES (ages 18+)

TUESDAY TENNIS TIPS WITH THE PRO

December 4, 11 & 18 | 6pm - 7pm | Tennis Courts

A fun and friendly complimentary session with our tennis pro.

GUIDED MEDITATION

December 2, 9, 16, 23 & 30 | 4:30pm - 5pm | Squaw Peak Lawn

Connect your physical and spiritual self with nature during this complimentary session.

NUMEROLOGY

December 8 & 29 | 12pm - 2pm | Wright's Private Dining Room

Discover your life path number in this complimentary session. Registration required. Call Ext. 7684. Space is limited.

SINGING BOWL SOUND MEDITATION

December 30 | 9am - 10am | Aztec Room

Ignite healing brain waves and relaxation with this complimentary session. Registration required. Call Ext. 7684. Space is limited.

VINO & CANVAS

December 21 | 6pm - 8pm | Mystery Room

\$30 per person includes painting materials and two glasses of wine. Registration required. Call Ext. 7684. Space is limited.



SIGNATURE EXPERIENCES

COMPLIMENTARY HISTORY TOUR

Tuesday, Thursday & Saturday | 10am | Concierge Desk

HAPPY HOUR HISTORY TOUR

Friday | 6pm | Concierge Desk

\$25 includes two cocktails and a 45-minute tour. Reservations required. Call Ext. 7000.

EVENTS & ACTIVITIES

KID'S ACTIVITIES (ages 6-12)

December 1

- **10am | HOLIDAY HULA HOOPING**
Paradise Pool Lawn
- **12pm | TIE-DYE T-SHIRT MAKING**
Paradise Pool Lawn
- **2pm | TREASURE DIVE**
Paradise Pool

December 2

- **10am | WATER BALLOON TOSS**
Paradise Pool Lawn
- **12pm | TREASURE DIVE**
Paradise Pool

December 8

- **12pm | BACK PACK MAKING**
Paradise Pool Lawn
- **2pm | TREASURE DIVE**
Paradise Pool

December 9

- **10am | HOLIDAY HULA HOOPING**
Paradise Pool Lawn
- **12pm | MAKE YOUR OWN SLIME**
Catalina Pool Lawn
- **2pm | TREASURE DIVE**
Paradise Pool

December 15

- **12pm | HOLIDAY ORNAMENT CRAFTS**
Paradise Pool Lawn
- **2pm | TREASURE DIVE**
Paradise Pool

December 16

- **12pm | WATER BALLOON TOSS**
Paradise Pool Lawn
- **2pm | TREASURE DIVE**
Paradise Pool

December 22

- **12pm | PARACHUTE ACTIVITY**
Paradise Pool Lawn
- **2pm | HOLIDAY STOCKING CRAFTS**
Paradise Pool Lawn
- **3pm | TREASURE DIVE**
Paradise Pool

December 23

- **10am | COOKIE DECORATING**
Paradise Pool Lawn
- **1pm | HOLIDAY TREASURE DIVE**
Paradise Pool

December 26

- **12pm - 1:30pm**
FACE PAINTING WITH PRINCESSES
Paradise Pool Lawn
- **2pm | WATER BALLOON TOSS**
Paradise Pool Lawn
- **3pm | HOLIDAY TREASURE DIVE**
Paradise Pool

December 27

- **12pm - 1:30pm | YOYO ENTERTAINER**
Paradise Pool Lawn
- **2pm | HOLE-IN-ONE CONTEST**
Putting Course
- **3pm | PARACHUTE ACTIVITY**
Paradise Pool Lawn

December 28

- **12pm - 2pm | CARICATURE ARTIST**
Paradise Pool Lawn
- **2pm | MUSICAL CHAIRS**
Paradise Pool Lawn

December 29

- **12pm - 1:30pm | BALLOON ARTIST**
Paradise Pool Lawn
- **2pm | GINGERBREAD HOUSE MAKING**
Paradise Pool Lawn

December 30

- **12pm - 1:30pm | SWIM WITH MERMAIDS**
Paradise Pool
- **2pm | TREASURE DIVE**
Paradise Pool

December 31

- **12pm | HULA HOOP CONTEST**
Paradise Pool Lawn
- **12pm - 1:30pm | FOAM PARTY**
Paradise Lawn
- **3pm | SIMON SAYS**
Paradise Pool Lawn

FAMILY-FRIENDLY FUN

KIDS & TEENS GAME ROOM

December 21 - January 1 | 9am - 6pm
Grand Ballroom

Our game room will offer Ping Pong, Cornhole, Elf the movie and more.

PLAY

Enjoy games around the resort including Giant Jenga, Cornhole, Croquet, Lawn Chess and our 18-Hole Putting Course. Stop by Recreation for complimentary games including playing cards, UNO, Monopoly, Jenga, Sorry, Operation and more. Dial Ext. 7684 for assistance.

SHUTTLE TO

BILTMORE FASHION PARK

Monday - Saturday | 10am - 6pm

Sunday | 12pm - 5pm | Porte-cochère

Complimentary for resort guests.

Leaves every hour, on the hour

Dial Ext. 5515 for assistance.

RESORT DINING

WRIGHT'S AT THE BILTMORE

Wright's at the Biltmore will be closed Dec 17-22
For more information or to make reservations, dial Ext. 7000.

SUNDAY BRUNCH

Sunday | 10am - 2pm | \$49.95 Adults | \$19.95** Kids 5-12**

LAURENT-PERRIER WINE DINNER

December 6 | Reception: 6:30 pm | Dinner: 7pm

Enjoy an epicurean adventure with a four-course dinner paired with celebrated wines and stories from the winemaker. \$125** per person. Reservations required.

CHRISTMAS EVE DINNER

December 24 | 5pm - 9:30pm

Enjoy a four-course dinner. \$99** Adults | \$45** Kids 5-12.

CHRISTMAS DAY DINNER

December 25 | 1pm - 8:30pm

Enjoy a four-course dinner. \$99** Adults | \$45** Kids 5-12.

NEW YEAR'S EVE GALA DINNER

December 31

5pm - \$175 per person | 8pm - \$225** per person**

Enjoy a 45-minute history tour followed by an exclusive four-course dinner with wine pairings. Reservations required.

NEW YEAR'S DAY RECOVERY BRUNCH

January 1 | 10am - 2pm

\$49.95** Adults includes one Bloody Mary or Mimosa
\$19.95** Kids 5-12. Reservations required.

THE WRIGHT BAR

LIVE ENTERTAINMENT AT THE WRIGHT BAR

Fridays 7pm - 10pm | Saturdays 8pm - 11pm

HOLIDAY COCKTAILS AT THE WRIGHT BAR

Through January 1

Enjoy special winter cocktails from our mixologist: Gingerbread Martini with ginger snaps and meringue; Classic Nuts & Berries with Frangelico and Chambord; and the Arizona Biltmore Maple Toddy featuring Knob Creek Arizona Biltmore small batch Bourbon.

FRANK & ALBERT'S

For more information or to make reservations, dial Ext. 2808.

HAPPY HOUR

Daily | 2pm - 6pm

Enjoy a game of billiards along with beer, bites and cocktails starting at \$4.

CHRISTMAS EVE ENHANCED BREAKFAST BUFFET

December 24 | 7am - 11am

Enjoy an decadent holiday buffet breakfast.
\$39.95** Adults | \$16.95** Kids 5-12.

CHRISTMAS EVE PRIX FIXE DINNER

December 24 | 5pm - 9pm

Enjoy a special Christmas dinner.
\$65** Adults | \$35** Kids 5-12. Reservations required.

CHRISTMAS DAY BREAKFAST BUFFET

December 25 | 7am - 11am

\$39.95** Adults | \$16.95** Kids 5-12.

CHRISTMAS DAY LUNCH & DINNER BUFFET

December 25 | 1pm - 9pm

\$75** Adults | \$35** Kids 5-12.

NEW YEAR'S EVE BREAKFAST BUFFET

December 31 | 7am - 12pm

\$29.95** Adults | \$10.95** Kids 5-12.

NEW YEAR'S EVE SURF & TURF WINE DINNER

December 31 | 5am - 9pm

Enjoy a festive wine-paired dinner to ring in the New Year.
\$42** Adults | A la carte Kids menu. Reservations required.

NEW YEAR'S DAY BREAKFAST BUFFET

January 1 | 7am - 12pm

\$29.95** Adults | \$10.95** Kids 5-12.

FITNESS SCHEDULE

All fitness classes are \$15 per person unless otherwise noted. Class schedule is subject to change.

For more information, fitness class descriptions, or to schedule private classes or personal training, call 602.381.7684 or dial Ext. 7684.

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00 AM				Power Circuit F			
7:30 AM		Power Circuit F Stretch & Restore R	Boot Camp R				
8:00 AM	Balance Barre R		Mat Pilates R	Balance Barre R	Mat Pilates R	Hatha Yoga R	
8:30 AM		Boot Camp R	Power Circuit F				Zumba R
9:00 AM	Mat Pilates R Guided Hike C	Hatha Yoga R	Flow Yoga R	Tennis Clinic* T Hatha Yoga R Guided Hike C	Flow Yoga R	Stretch & Restore R Tennis Clinic* T	
9:30 AM	Hydro-Fit P	Hydro-Fit P	Hydro-Fit P	Hydro-Fit P	Hydro-Fit P	Hydro-Fit P	Hydro-Fit P
10:00 AM						Mat Pilates R	Mindful Yoga R
10:30 AM		Power Walk R		Power Walk R			
4:00 PM		Mat Pilates R		Flow Yoga R			
5:00 PM	Mindful Yoga R	Mindful Yoga R	Mindful Yoga R				

CLASS LOCATIONS

C = Concierge Desk in Lobby
 F = Fitness Center
 P = Catalina Pool
 R = Recreation Studio
 T = Tennis Courts

DIFFICULTY LEVEL

■ = High ■ = Moderate ■ = Low



FITNESS CLASSES

BALANCE BARRE *R*

Monday & Thursday | 8am

Tone and sculpt with barre work, bands, balls, weights and medicine balls.

BOOT CAMP *R*

Tuesday | 8:30am

Wednesday | 7:30am

Interval training including lunges, pull-ups, pushups, crunches, drills and sprints.

FLOW YOGA *R*

Wednesday & Friday | 9am

Thursday | 4pm

Move through high-intensity poses creating heat and elevating heart rate.

GUIDED HIKE *C*

Monday & Thursday | 9am

Advanced hike to Priestewa Peak summit. 2-3 hours. \$85 per person. Meet at Concierge in the Lobby. Reservations required by dialing Ext. 7684.

HATHA YOGA *R*

Tuesday & Thursday | 9am

Saturday | 8am

Body postures and breathing techniques create a healthy body and peaceful mind.

HYDRO-FIT *P*

Monday - Sunday | 9:30am

This deep-water class in the pool delivers a total body workout.

MAT PILATES *R*

Monday | 9am

Tuesday | 4am

Wednesday & Friday | 8am

Saturday | 10am

Increase flexibility and build core strength through Pilates movements on the mat.

MINDFUL YOGA *R*

Monday - Wednesday | 5pm

Sunday | 10am

Mindful breath and movement allows your self connection to unfold.

POWER CIRCUIT *F*

Tuesday | 7:30am

Wednesday | 8:30am

Thursday | 7am

Intense cardio conditioning and core strengthening with equipment finesse.

POWER WALK *R*

Tuesday & Thursday | 10:30am

A guided brisk walk through the beautiful neighborhoods surrounding the resort. Meet in the Recreation Studio.

STRETCH & RESTORE *R*

Tuesday | 7:30am

Saturday | 9am

A therapeutic yoga practice for all ages moving slowly through simple yoga poses to stretch, re-align and strengthen.

TENNIS CLINIC* *T*

Thursday & Saturday | 9am

Improve basic tennis skills. \$50 per person with two or more participants. \$65 for solo participant. Rackets may be checked out at the Recreation Studio before clinic begins.

ZUMBA *R*

Sunday | 8:30am

This high-energy group fitness class uses dance and aerobic movements performed to energetic music.

PERSONAL TRAINING *F*

One-on-one sessions for all levels.

30 minutes-\$55 | 60 minutes-\$85

Multiple session pricing is available.

PRIVATE FITNESS CLASSES *F*

\$100 per class for 1-5 guests.

Advance reservations are required.

TENNIS LESSONS *T*

Our USPTA Pro offers 30, 60 and 90 minute private or semi-private lessons.

SPA BILTMORE MEMBERSHIPS

Become part of one of Arizona's premier resorts with an exclusive lifetime membership to Spa Biltmore.

Membership Includes:

- Unlimited use and access to all resort facilities and amenities
- 24-hour state-of-the-art fitness center
- All scheduled fitness classes
- 6 tennis and sport courts
- 8 sparkling pools
- Men's and ladies private locker rooms and personal amenities
- Sauna, steam room and jacuzzi
- Spa relaxation lounge

Additional Benefits Include:

- 20% discounts off spa and salon services, Spa retail and apparel
- 20% discounts on food and beverage throughout the resort (Not applicable on alcohol, gift cards, holidays or special events)
- 15% discount on best available room rates at the resort
- Signing privileges throughout the resort

For more information on Spa Biltmore membership, please call 602.381.7684 or dial Ext. 7684

