

# APRIL 2019

## RECREATION & FITNESS



A WALDORF ASTORIA™ RESORT

## EASTER ACTIVITIES

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### EASTER BASKETS

Purchase an Easter basket filled with Peeps, chocolate bunny, plush bunny, bubbles, jelly beans and more. \$60 per basket. With special delivery from the Easter Bunny \$80 plus 20% service charge. Pre-orders begin April 1 by dialing Ext. 7684 or emailing [keri.printy@waldorfasteria.com](mailto:keri.printy@waldorfasteria.com). Limited quantities available.

### CREATE YOUR OWN BUNNY COTTAGE

**April 18 | 2pm - 3pm | Valley Room**

Create an edible bunny cottage with an array of sweets provided by our pastry team. \$40 per child ages 6-12. Advanced registration required by dialing Ext. 7684.

### EASTER EGG DECORATING

**April 19 | 12pm - 1pm | Paradise Pool Lawn**

Complimentary egg decorating with the Fun Team for all ages.

### EASTER COOKIE DECORATING

**April 20 | 10am - 11am | Paradise Pool Lawn**

Complimentary cookie decorating with the Fun Team for all ages.

### BUNNY HOP 5K

**April 20 | 7am**

Enjoy a scenic 3.1 mile walk or run through the Arizona Biltmore Estates with the Easter Bunny. Proceeds to benefit a local animal shelter. All ages are welcome. Adults \$20 and Children ages 6-12 \$10. Registration fee includes t-shirt. Advanced registration required by dialing Ext. 7684.

### ANNUAL EASTER EGG HUNT

**April 21 | 8:30am | Squaw Peak Lawn**

Children ages 1-12 can search for over 10,000 candy and treat-filled eggs on our lush lawn. Complimentary for resort guests.

### EASTER CELEBRATION

**April 21 | 9am - 10:30am | Paradise Garden**

Enjoy a fun for the whole family including a petting zoo, face painting and balloon art with your favorite princesses, live DJ and dancing, photo booth with the Easter Bunny, yoyo entertainer, lawn games, shaved ice, cotton candy, popcorn and more. Complimentary for resort guests of all ages. Locals may purchase wristbands for \$25 per child. For more information, Dial Ext. 7684.

## EASTER DINING

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### MAD HATTER AFTERNOON TEA

**April 21 | Seatings at 12pm, 1pm & 2pm**

**Lobby of the Historic Building**

**\$75\*\* Adults | \$37.50\*\* Kids 5-12**

Our special Easter tea celebration includes a selection of black, green, white and herbal teas, pastries, cakes, sandwiches, a glass of champagne and a special Easter take-away. Advanced reservations required by dialing Ext 2808.

### EASTER BRUNCH

**April 21 | 9am - 2:30pm | Wrights**

**\$105\*\* Adults | \$45\*\* Kids 5-12**

Celebrate Easter with an exquisite brunch including Chef-attended action stations. For dessert, enjoy La Patisserie "Chichifoofoo's" lavish display of cakes, tarts, verrines, bonbons, a donut wall and vanilla waffle ice cream cones. Reservations are required by dialing Ext. 7000.

### EASTER BREAKFAST BUFFET

**April 21 | 7am - 1pm | Frank & Albert's**

**\$28\*\* Adults | \$10\*\* Kids 5-12**

Featuring a Bloody Mary and Mimosa bar. For more information or to make reservations, dial Ext. 2808.

### EASTER LUNCH & DINNER

**April 21 | 12pm - 9:30pm | Frank & Albert's**

Enjoy an all-day menu with a la carte pricing and Easter specials. For more information or to make reservations, dial Ext. 2808.



# APRIL EVENTS & ACTIVITIES

## ADULT ACTIVITIES (ages 18+)

For more information or to make reservations, dial Ext. 7684



### PADDLEBOARD YOGA

**April 5, 7, 12 & 14 | 11:30am | Recreation**

This fun and challenging class combines yoga poses on a stand up paddleboard in the pool. Reservations required. \$15 per person

### GLOW YOGA

**April 28 | 11:30am - 12:30pm | Yoga Studio**

Glow-in-the-dark yoga adds a new twist to finding balance. Glow supplies will be provided. Advance registration required. Space is limited. Complimentary for resort guests.

### POWERWALK THE NEIGHBORHOOD

**April 4, 11, 18 & 25 | 10:30am | Recreation**

Take a guided powerwalk through the beautiful Biltmore neighborhood surrounding the resort. Complimentary for resort guests.

### TENNIS TIPS WITH THE PRO

**April 30 | 5pm - 5:30pm | Tennis Courts**

A fun and friendly session with our tennis pro. Complimentary for resort guests.

### GUIDED MEDITATION

**April 14 & 28 | 4pm - 4:30pm | Squaw Peak Lawn**

Connect your physical and spiritual self with nature during this complimentary guided meditation session for resort guests.

### SINGING BOWL SOUND MEDITATION

**April 14 | 9am - 10am | Aztec Room**

**April 28 | 9am - 10am | Valley Room**

Ignite healing brain waves and deep relaxation with this complimentary session for resort guests. Advance registration required. Space is limited.

### NUMEROLOGY

**April 20 & 27 | 12pm - 1pm | Wright's Private Dining Room**

Discover your life path number based on your date of birth. Complimentary for resort guests. Advance registration required. Space is limited.

### VINO & CANVAS

**April 19 | 6pm - 8pm | Aztec Room**

Join us as we paint a picture of the Arizona Biltmore. \$30 per person includes painting materials, two glasses of wine and light appetizers. Advanced registration required. Space is limited.

### CHAMPAGNE SUNDAYS AT THE SALON

**April 7, 14, 21 & 28 | All Day The Salon**

Enjoy a complimentary glass of bubbly all with any salon service. Ages 21+

### *Signature Experience*

#### HAPPY HOUR HISTORY TOUR

**Fridays | 6pm | Concierge Desk**

\$25 includes two cocktails and a 45-minute tour. Advance reservations required by dialing Ext. 7000. Ages 21+



# APRIL EVENTS & ACTIVITIES

## FAMILY-FRIENDLY FUN

For more information or to make reservations, dial Ext. 7684

### *Signature Experience*

#### **HISTORY TOUR**

**Tuesday, Thursday & Saturday | 10am | Concierge Desk**

Complimentary 90-minute tour for resort guests.

#### **NATIVE AMERICAN DANCERS**

**April 18 & 27 | 6pm - 6:30pm | Squaw Peak Lawn**

Complimentary for resort guests.

#### **FAMILY GUIDED HIKE**

**April 16 | 9am**

Enjoy a complimentary guided hike to Priestewa Peak. Meet at Concierge in the Lobby. Advanced reservations required by calling Ext. 7684.

Includes water, hiking guides and transportation.

#### **GLOW-IN-THE-DARK GOLF**

**April 26 | 6pm - 7:30pm | Putting Course**

Golf the night away on our putt putt course with glowing golf balls.

Complimentary for resort guests.

#### **MAD SCIENCE DEMONSTRATION**

**April 28 | 12pm - 1pm | Valley Room**

Enjoy a fun and educational experience with one of our knowledgeable and enthusiastic mad scientists. Complimentary for resort guests.

#### **PLAY**

Enjoy lawn games around the resort including Cornhole, Croquet, Chess and our 18-Hole Putting Course. Stop by Recreation or Dial Ext. 7684 to reserve complimentary playing cards or board games.

#### **SHUTTLE TO BILTMORE FASHION PARK**

**Monday - Saturday | 10am - 6pm | Porte-cochère**

**Sunday | 12pm - 5pm | Porte-cochère**

Complimentary for resort guests. Leaves every hour, on the hour Dial Ext. 5515 for assistance.

#### **HIKING & BIKING**

Guided hiking tours are available daily. Bicycle rental is available by the hour or for the day. For more information, please dial Ext. 7684.

## KID'S ACTIVITIES (ages 6-12)

Activities are located at the Paradise Pool Lawn unless noted.

#### **FUN TEAM**

**Monday - Friday | 12pm**

**Located at the Paradise Pool**

Join us for activities including: Parachute Play, Simon Says, Apple Toss, Corn Hole, Musical Chairs and much more!

#### **TREASURE DIVE**

**Daily | 2pm | Paradise Pool**

#### **CARICATURE ARTIST**

**April 6 | 2pm - 3:30pm**

#### **SWIM WITH MERMAIDS**

**April 6 & 20 | 12pm - 1:30pm  
Paradise Pool**

#### **YO YO ENTERTAINER**

**April 7 | 12pm - 1:30pm**

#### **PRINCESS FACE PAINTING**

**April 13 | 12pm - 1:30pm**

#### **WATERMELON EATING CONTEST**

**April 13 | 2pm**

#### **CRAFTING**

**April 14 | 12pm**

**April 17 | 2pm**

#### **HENNA TATTOOS**

**April 27 | 12pm**

#### **MUSICAL CHAIRS**

**April 19 | 2pm**

#### **FOAM PARTY**

**April 20 | 2pm - 3pm**

#### **BALLOON ARTIST**

**April 27 | 12pm**

#### **SCAVENGER HUNT**

**April 27 | 2pm**

#### **DIVE-IN MOVIES**

**April 19 | Sunset | Hop**

**April 20 | Sunset | Rise of the Guardians  
Paradise Pool**



## RESORT DINING

### WRIGHT'S AT THE BILTMORE

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For more information or to make reservations, dial Ext. 7000.

#### SUNDAY BRUNCH

Sundays | 10am - 2pm

**\$49.95\*\* Adults | \$19.95\*\* Kids 5-12**

*\*Beginning Sunday, April 28, Adult brunch price will be \$54.95*

#### WINEMAKER DINNERS

April 4 | Wines from Burgundy

Reception: 6:30pm | Dinner: 7pm

Four-course dinner paired with wines and stories from the winemakers. \$125\*\* per person. Reservations required.



### THE WRIGHT BAR

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For more information or to make reservations, dial Ext. 7000.

#### LIVE ENTERTAINMENT AT THE WRIGHT BAR

Fridays 7pm - 10pm | Saturdays 8pm - 11pm



### FRANK & ALBERT'S

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For more information or to make reservations, dial Ext. 2808.

#### HAPPY HOUR

Daily | 2pm - 6pm

Enjoy billiards along with beer, bites and cocktails from \$4.

#### HUSS BREWING BEER DINNER

April 18 | Reception: 6:30pm | Dinner: 7pm

Three-course dinner paired with microbrews.

\$45\*\* per person. Reservations required.



### AFTERNOON TEA

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#### GRAND AFTERNOON TEA

Thursday - Sunday | Seatings at 12pm & 2pm

Lobby of the Historic Building | \$50\*\* Per Person

Enjoy a selection of black, green, white and herbal teas, pastries, cakes and sandwiches. Add champagne for an additional \$10 per person.

Reservations required by dialing Ext 2808.

### CREATE THE PERFECT PICNIC

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#### CUSTOM PICNIC BASKETS

Purchase a custom picnic basket in the Café and receive 10% off of your favorite snacks, drinks and sweets. Visit the Concierge for picnic location, hiking and adventure recommendations.

# APRIL FITNESS CLASSES

All fitness classes are \$15 per person unless otherwise noted. Class schedule is subject to change.

For more information, fitness class descriptions, or to schedule private classes or personal training, call 602.381.7684 or dial Ext. 7684.

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00 AM				Power Circuit F			
7:30 AM		Power Circuit F Stretch & Restore R	Boot Camp R				
8:00 AM	Balance Barre R		Mat Pilates R	Balance Barre F	Mat Pilates R	Hatha Yoga R	
8:30 AM		Boot Camp R	Power Circuit F				Zumba R
9:00 AM	Mat Pilates R Guided Hike C	Hatha Yoga R	Vinyasa Yoga R	Tennis Clinic T Hatha Yoga F Guided Hike C	Vinyasa Yoga R	Stretch & Restore R Tennis Clinic* T	
9:30 AM	Hydro-Fit P	Hydro-Fit P	Hydro-Fit P	Hydro-Fit P	Hydro-Fit P	Hydro-Fit P	Hydro-Fit P
10:00 AM						Mat Pilates R	Mindful Yoga R Cardio Kickbox B
4:00 PM		Mat Pilates R		Flow Yoga R			
5:00 PM	Mindful Yoga R	Mindful Yoga R	Mindful Yoga R				

**GUIDED HIKE C**  
Advanced hike to Piestewa Peak Summit. 2-3 hours. \$85 per person. Meet at Concierge in the Lobby. Reservations required by dialing Ext. 7684.

**TENNIS CLINIC T**  
\$50 per person with two or more participants. \$65 for solo participant. Racquets may be checked out at the Recreation Studio before clinic begins.

**PERSONAL TRAINING F**  
One-on-one sessions for all levels. 30 minutes-\$55 | 60 minutes-\$85. Multiple session pricing is available.

**PRIVATE FITNESS CLASSES F**  
\$100 per class for 1-5 guests. Advance reservations are required.

**TENNIS LESSONS T**  
Our USPTA Pro offers 30, 60 and 90 minute private or semi-private lessons.

## CLASS LOCATIONS

C = Concierge Desk in Lobby  
F = Fitness Center  
P = Catalina Pool  
R = Recreation Studio  
T = Tennis Courts  
B = Basketball Court

## DIFFICULTY LEVEL

■ = High   ■ = Moderate   ■ = Low