

SEPTEMBER 2019 RECREATION & FITNESS

[f /ArizonaBiltmoreAWaldorfAstoriaResort](#) [t /ArizonaBiltmore](#)

For questions or assistance, please call or text 602.900.1674

90TH ANNIVERSARY CELEBRATIONS



Celebrating 90 Years of Legendary Moments

Since 1929, our Arizona landmark resort has been providing unparalleled service charmed with rich history. Join us as we celebrate this milestone with exclusive Signature Anniversary Experiences.

A SALUTE TO SULIT

Saturdays | 6pm | The Wright Bar

The original Tequila Sunrise was created in The Wright Bar by bartender Gene Sulit in the early 1940's when a guest asked Gene to surprise him with a refreshing tequila cocktail. Join us to celebrate Gene's legacy with a complimentary taste of his iconic cocktail. Complimentary for resort guests.

TAWNY PORT & DESSERT TASTING

Daily | The Wright Bar

Taste three types of Grahams Tawny Port to include 90 total years, all paired with a luscious dessert bite. \$90** for two guests.

- 20-Year Tawny Porto
Golden 70% Dark Chocolate Truffle
- 30-Year Tawny Porto
White Chocolate Lemon Cremeux Lollipop
- 40-Year Tawny Porto
Vanilla Crust Milk Chocolate Ganache Tart

9 DECADES OF AFTERNOON TEA

**Thursday - Sunday | Seatings at 12pm, 1pm & 2pm
Lobby of the Historic Building**

Taste sweet and savory bites along with three of the most popular teas from over the last 90 years. The menu will include a journey through the decades with tea, tea sandwiches and desserts for every 30 years. 1929, 1959 and 1989. Includes 9 savory bites, 9 sweet bites, 3 assorted teas, a glass of our 90th Anniversary House Champagne and a surprise takeaway souvenir. \$75** per person. 24-hour advanced reservations required by dialing Ext 2808.

90TH ANNIVERSARY MARGARITA

Daily | The Wright Bar

Indulge in the 90th Anniversary Margarita featuring ultra premium Patrón Gran Piedra tequila made from the finest 100% Weber Blue Agave and crafted using the centuries-old tahona process at Hacienda Patrón distillery in Jalisco, Mexico. It is aged in a combination of French Limousin and new American oak barrels for four years. This \$90 cocktail includes a commemorative Arizona Biltmore keepsake.

HAPPY HOUR HISTORY TOUR

Fridays | 6pm | Concierge Desk

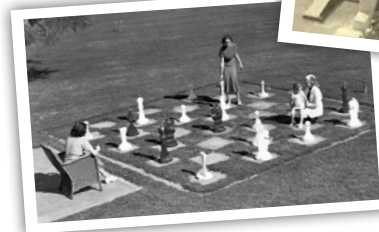
\$25 per adult ages 21+. \$12 per person under 21. Includes two cocktails and a 45-minute tour. Attendees also receive 15% off retail purchases in the Gift Shop, along with 15% off dining at Frank & Albert's, Wright's at the Biltmore and The Wright Bar. Excludes alcoholic beverages and guest room dining. Reservations required by dialing Ext. 7000.

DIAMOND ANNIVERSARY

SPA RITUAL

Daily | Spa Biltmore

In celebration of the resort's Diamond Anniversary, this bejeweled spa indulgence includes a Diamond Face Mask application and glass of Champagne. \$60. Available as an add-on to any spa therapy. For reservations, dial Ext. 7656.



SEPTEMBER EVENTS & ACTIVITIES

ADULT ACTIVITIES (ages 18+)

PADDLEBOARD YOGA

September 1 & 6 | 11:30am | Recreation

\$25 per person. Reservations required by calling Ext. 7684. Space is limited.

AQUA FLOW YOGA

September 15 | 7:30am | Recreation

\$15 per person. Registration required by calling Ext. 7684. Space is limited.

AQUA BOOT CAMP

September 4, 11, 18 & 25 | 9:30am | Recreation

\$15 per person. Registration required by calling Ext. 7684. Space is limited.

TENNIS CLINIC

Thursdays | 8am | Tennis Courts

\$50 per person with two or more guests. \$65 for solo guest. Rackets may be checked out at the Recreation Studio before clinic begins. Reservations required by calling Ext. 7684.

GUIDED HIKE

Mondays and Thursdays | 7am | Lobby Concierge Desk

Explore the scenic Sonoran Desert with an experienced guide, and learn about local plants, animals, geology and history. Hikes are available for all levels, from modest rolling desert to challenging mountain terrain. A hat, sunblock and hiking or closed-toed athletic shoes are recommended. \$85 per person includes water and transportation. 24-hour advanced reservations required by dialing Ext. 7684.



SINGING BOWL SOUND MEDITATION

September 29 | 9am - 10am | Aztec Room

Induce deep meditative and peaceful states, clarity of mind, and intuition with our guided meditation session accompanied by the beautiful sound of Tibetan singing bowls. Complimentary for resort guests. Advance registration required by calling Ext. 7684. Space is limited.

NUMEROLOGY & TAROT CONNECTION

September 14 & 28 | 12pm - 2pm | Wright's Private Dining Room

Discover your life path number based on your date of birth and Tarot card reading. Complimentary for resort guests. Registration required by calling Ext. 7684. Space is limited.

VINO & CANVAS

September 20 | 6pm - 8pm | Mystery Room

Paint your own masterpiece in this fun, guided class for artists and art lovers of all levels. \$30 per person includes painting materials and two glasses of wine. Advanced registration required by calling Ext. 7684. Space is limited. Ages 21+

CHAMPAGNE SUNDAYS AT THE SALON

September 1, 8, 15, 22 & 29 | All Day at The Salon

Cheers to you! Enjoy a complimentary glass of bubbly with any salon service. Ages 21+

POOLSIDE LIVE MUSIC

Saturday - Sunday | 1pm - 4pm | Catalina Pool

Enjoy the sounds of summer while you relax poolside with a variety of live musical entertainment.



SEPTEMBER EVENTS & ACTIVITIES

CHILDREN'S ACTIVITIES (ages 6-12)

Activities listed are complimentary unless otherwise noted.

TREASURE DIVE

Friday - Sunday | 2pm | Catalina Pool

GLITTER TATTOOS

September 1, 7, 14, 21 & 28 | 1:30pm - 2:30pm | Catalina Pool

SPIDERMAN APPEARANCE

September 1, 7, 14, 21 & 28 | 12pm - 1:30pm | Catalina Pool

SWIM WITH MERMAIDS

September 1, 7, 14, 21 & 28 | 12pm - 1:30pm | Catalina Pool

BUBBLE MANIACS

September 1, 8, 15, 22 & 29 | 12pm - 1:30pm | Catalina Pool

Enjoy an immersive and magical experience with our bubble experts.

FOAM PARTY

September 7, 14 & 21 | 1:30pm - 2:30pm | Paradise Garden

HULA HOOP CONTEST

September 15 | 11am | Catalina Pool

WATERMELON EATING CONTEST

September 22 | 11am | Catalina Pool

YO YO ENTERTAINER

September 28 | 1:30pm - 2:30pm | Catalina Pool

WATER BALLOON TOSS

September 29 | 11am | Catalina Pool

KIDS CARDIO DANCE

September 29 | 11:00am - 12:00pm | Recreation

Come join in for some fun and improve your dance skills.

Advanced registration required by calling Ext. 7684.

Space is limited.

FAMILY-FRIENDLY FUN

PLAY

Giant Jenga, Cornhole, Croquet, and Lawn Chess. Stop by Recreation to check-out complimentary playing cards, board games and more. Dial Ext. 7684 for assistance.

BICYCLE RENTALS

Daily | 6:30am - 5pm | Recreation

Two-hour rental included in resort fee. Dial Ext. 7684 for assistance.

SHUTTLE TO BILTMORE FASHION PARK

Monday - Saturday | 10am - 6pm | Porte-cochère

Sunday | 12pm - 5pm | Porte-cochère

Complimentary for resort guests. Leaves every hour, on the hour.

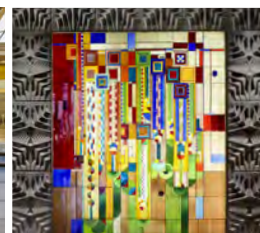
Dial Ext. 5515 for assistance.

Signature Experience

HISTORY TOUR

Tuesday, Thursday & Saturday | 10am | Concierge Desk

Complimentary 90-minute tour for resort guests.



RESORT DINING

WRIGHT'S AT THE BILTMORE

For more information or to make reservations, dial Ext. 7000.

DINNER

Through September 4: Wednesday - Saturday | 6pm - 9:30pm
Beginning September 9: Monday - Saturday | 6pm - 9:30pm

SUNDAY BRUNCH

Sundays | 10am - 2pm
\$54.95** Adults | \$24.95** Children 5-12

THE WRIGHT BAR

For more information or to make reservations, dial Ext. 7000.

LIVE ENTERTAINMENT AT THE WRIGHT BAR

Fridays 7pm - 10pm | Saturdays 8pm - 11pm

FRANK & ALBERT'S

For more information or to make reservations, dial Ext. 2808.

HAPPY HOUR

Daily | 2pm - 6pm

Enjoy billiards along with beer, bites and cocktails from \$4.

SAN TAN BREWING BEER DINNER

September 19 | Reception: 6:30pm | Dinner: 7pm

Four-course dinner paired with beers from local San Tan Brewing in Chandler, Arizona. \$45** per person. Reservations required.



GRAND AFTERNOON TEA

Thursday - Sunday | Seatings at 12pm, 1pm & 2pm
Lobby of the Historic Building

Experience the height of sophistication with traditional Afternoon Tea service that includes a selection of black, green, white and herbal teas, indulgent pastries, cakes and tea sandwiches. We provide everything you need for a delightful afternoon in a truly luxurious setting. \$59.99** per person. Add Champagne for an additional \$10 per person. 24-hour reservations required by dialing Ext 2808.

CUSTOM PICNIC BASKETS

Purchase a custom picnic basket in the Café and receive 10% off of your favorite snacks, drinks and sweets. Visit the Concierge for picnic location, hiking and adventure recommendations.



SEPTEMBER FITNESS CLASSES

All fitness classes are \$15 per person unless otherwise noted. Class schedule is subject to change.

For more information, fitness class descriptions, or to schedule private classes or personal training, call 602.381.7684 or dial Ext. 7684.

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7:00 AM	■ Guided Hike C			■ Power Circuit F ■ Guided Hike C	■ Balance Barre R		
7:30 AM		■ Stretch & Restore R	■ Boot Camp R				
8:00 AM	■ Balance Barre R	■ Power Circuit F	■ Mat Pilates R	■ Balance Barre R ■ Tennis Clinic T	■ Mat Pilates R	■ Hatha Yoga R	
8:30 AM	■ Hydro-Fit P	■ Hydro-Fit P	■ Hydro-Fit P ■ Power Circuit F	■ Hydro-Fit P	■ Hydro-Fit P	■ Hydro-Fit P	■ Hydro-Fit P ■ Zumba R
9:00 AM	■ Mat Pilates R	■ Hatha Yoga R	■ Vinyasa Yoga R	■ Hatha Yoga R	■ Vinyasa Yoga R	■ Stretch & Restore R	
9:30 AM			■ Aqua Boot Camp R				
10:00 AM						■ Mat Pilates R	■ Mindful Yoga R
4:00 PM		■ Mat Pilates R		■ Hatha Yoga R			
5:00 PM	■ Mindful Yoga R	■ Mindful Yoga R	■ Mindful Yoga R				

■■■ PERSONAL TRAINING F

One-on-one sessions for all levels.
30 minutes-\$55 | 60 minutes-\$85
Multiple session pricing is available.

■■■ PRIVATE FITNESS CLASSES F

\$100 per class for 1-5 guests.
Advance reservations are required.

■■■ TENNIS LESSONS T

Our USPTA Pro offers 30, 60 and 90 minute private or semi-private lessons.

CLASS LOCATIONS

C = Lobby Concierge | F = Fitness Center

P = Catalina Pool | R = Recreation Studio

T = Tennis Courts

CLASS INTENSITY LEVEL

■ = High ■ = Moderate ■ = Low



**ARIZONA
BILTMORE™**

A WALDORF ASTORIA RESORT

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Phoenix, Arizona 85016

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602.900.1674