



SPA BILTMORE

ARIZONA BILTMORE, A WALDORF ASTORIA RESORT
2400 EAST MISSOURI | PHOENIX, AZ 85016
800.950.0086 | VISIT ARIZONABILTMORE.COM



SPA BILTMORE





WELCOME TO SPA BILTMORE

Our intention is to align with your desired treatment and wellness goals. We are dedicated to providing a memorable and renewing experience through the power of touch and authentic engagement.

With your health and well-being in mind, we offer a selection of organic treatments, therapeutic traditions and the latest noninvasive skin care technology. Allow our spa team to assist in designing the perfect spa day for you.



ESSENTIAL SPA INFORMATION

Spa Biltmore is located on the third floor of the Historic building.

With consideration for other guests, please refrain from the use of cell phones in relaxation areas.

We ask that you arrive 15 minutes prior to your scheduled treatment time. Please keep in mind that arriving late may shorten the length of your treatment.

Guests must be 18 or older to experience spa treatments and spa amenities.

Please advise our reservation agent of any allergies, health concerns, or if you are pregnant.

Please cancel at least six hours in advance of your scheduled treatment time to avoid a cancellation fee of 50% of the price of your treatment.

For your convenience, a 20% service charge is added to your treatment which includes gratuity.

MASSAGE THERAPY

Classic

This light to medium pressure treatment blends the fluid gentle movements of a Swedish massage with relaxation techniques, providing an overall sense of well-being. 50/80 minutes

The Biltmore Custom

Varying modalities may include deep tissue, sports and facilitated stretching. 50/80 minutes

Couples

Share an unforgettable experience in our couples suite. Customized body-work focuses on individual care while creating memories together. 75 minutes

Neck, Back and Shoulders

Focused massage is applied to targeted areas of the neck, back and shoulders, relieving stress and tension. 25 minutes

Prenatal

This full body massage is soothing for mom and safe for baby. An organic prenatal aromatherapy blend aids in relaxation while specific pregnancy discomforts are addressed. 50 minutes

Aromatherapy

Enjoy the benefits of our Classic massage using essential oils to enhance your experience. 50/80 minutes

Deep Blue Deep Tissue

This traditional massage adds a deeper level of relaxation and healing with our deep blue oil blend including wintergreen leaf, camphor bark, peppermint plant, ylang ylang flower, helichrysum flower, blue tansy flower, blue chamomile flower and osmanthus flower. Varying modalities may include sports and facilitated stretching. 50/80 minutes

Cranial Sacral Balancing

Gentle holding techniques on the head and body sync with the body's natural rhythms to alleviate tension. This noninvasive therapy calms the central nervous system while decompressing the bones and joints of the head, neck and spine, easing fatigue and stress. 25 minutes

Detox

Tone and invigorate during this exclusive detox massage. Citrus herbal body brushing prepares the body, stimulating lymphatic drainage. Warm oil infused with purifying lemon and toning coffee is massaged into the body, focusing on key areas of detoxification followed by a warm application of nourishing vanilla cream. 75 minutes

Massage Treatment Add-Ons

Hot Stone

Warm basalt stones are incorporated into any massage for enhanced relaxation.

Nourishing Scalp Massage

Moroccanoil® defines this luxurious scalp treatment. Massage scalp movement techniques and the fresh scent of popular Moroccanoil will fortify your hair and scalp. 25 minutes

Foot Revive

Enjoy an oxygen promoting peppermint and shea butter foot polish, followed by a relaxing foot massage. 25 minutes



LEGENDARY THERAPIES

Jewel of the Desert

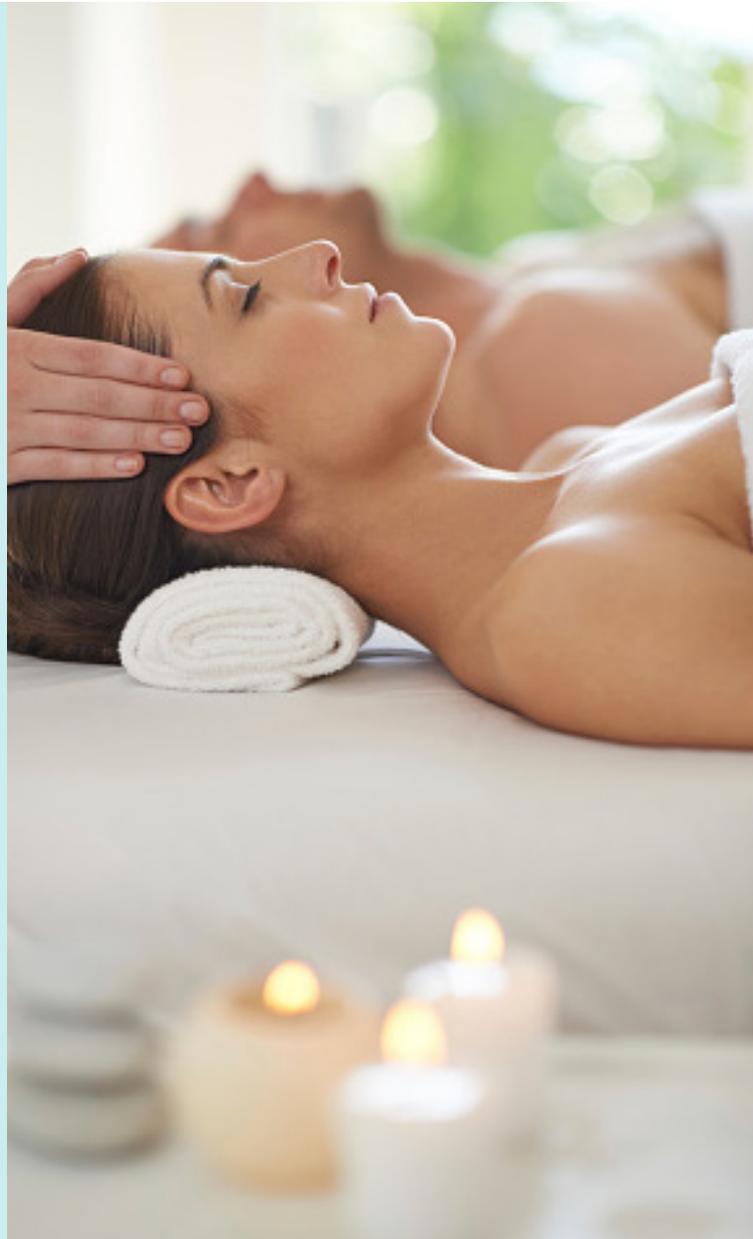
Balance and nourish mind and body with seven luxurious oils incorporated into varied massage techniques. Individual energy centers receive customized attention, bringing harmony to the body while warm stones enhance your experience. 80 minutes

Turquoise Sage Stone

Clearing properties of warm basalt stones complement sage and lavender essential oils, bringing soothing relief in this full body massage. 80 minutes

Peppermint Foot Refresh

A warm, exfoliating foot polish rejuvenates the feet and a scalp massage calms the senses. Ear and foot reflexology awaken natural energy movement, taking relaxation to another level. 50 minutes



BODY TREATMENTS

Volcanic Clay

A pore refining body scrub effectively polishes and prepares the body for a powerful purifying mask. Volcanic Clay blended with botanical essences stimulates circulation and detoxifies, while delivering mineral nutrients to the skin. Finish with a full body massage with our signature hydrating enzyme moisturizer for soft and glowing skin. 75 minutes

Orange Oasis

Treat yourself to a full body exfoliation with an uplifting citrus scrub. An application of our fresh orange blossom body cream infuses the skin, leaving it hydrated and conditioned. 45 minutes

doTERRA® AromaTouch®

Experience this clinical approach to applying essential oils along energy meridians and visceral contact points of the back and feet to help balance sympathetic and parasympathetic nervous systems of the body. Developed by Dr. David Hill, a leading expert in integrative medicine and therapeutic applications of essential oils, the AromaTouch technique improves well-being by reducing physical and emotional stressors and by supporting healthy autonomic function. The technique is simple and intuitive and uses doTERRA CPTG Certified Pure Therapeutic Grade® essential oils for an unparalleled grounding experience. 80 minutes

Organic Super Fruit Hydration Wrap

An antioxidant rich coconut scrub exfoliates the skin while preparing it for a mango enzyme mask. This powerful super fruit infuses the body with vitamins while creating a smoothing and refreshing effect on the skin. Custom body work will relax the mind while you experience the exotic aromas. The finishing touch is a coconut firming body lotion with collagen boosting plant stem cells that will hydrate and refresh the skin. 75 minutes



ADVANCED SKIN CARE

Classic Facial

An intense cleansing system derived from natural oils, moisturizes and prepares the skin to absorb highly active customized serums. Various masks assist in the delivery of nutrients to the cellular structure, balancing and hydrating the skin. 50 minutes

HydraFacial®

The HydraFacial® resurfacing technology thoroughly enhances the skin using patented Vortex Technology™ to cleanse, exfoliate, extract and hydrate, while simultaneously providing the skin with cellular supportive serums and hydration. 25/50/80 minutes

Organic Peptide Renewal Facial

Increase skin's vitality with luxury botanical and organic ingredients sourced from arctic berries. Deep exfoliation combined with powerful peptides and plant stem cell infusions firm, renew and smooth skin for instant results. 50 minutes

Gentleman's Facial

This facial addresses men's common skin concerns with botanicals, vitamins and antioxidants to bring the perfect balance to th skin. 50/80 minutes

Radiance Facial

This results-oriented facial utilizes a unique protein enzyme to reprogram cell metabolism memory, dramatically improve skin's overall appearance, lift and firm skin, and increase clarity and tone. 50 minutes

Express Facial

A quick pick-me-up that includes cleansing, exfoliation, steam, treatment mask and a specialized serum. The perfect addition to any massage or body treatment. 25 minutes

Rejuvenation Oxygen Facial

Perfect for all skin types, this skin quenching treatment provides the intense hydration with a serum containing hyaluronic acid, vitamins and antioxidants that dramatically lifts, tones and hydrates. Results are instant and improve over time. 50 minutes

Anti-Aging Facial

Enzyme cleansing and AHA exfoliates and intensely stimulates cellular reproduction while plant derived retinol and marine collagen restructure deep tissue, promoting hydration and elasticity. 80 minutes

Skin Care Additions

High Frequency

Improves blood circulation and cellular turnover, increases elastin and collagen production while providing antibacterial action.

GlyPro Professional Peel

Boost exfoliation with this alpha hydroxy acid peel will enhance any facial treatment.

Nourishing Honey Hand Treatment

Active fruit enzymes exfoliate revealing a more youthful appearance while nourishing honey rehydrates the skin.

Sensational Eye Treatment

Add a hydrating boost to the delicate eye area.

Kaplan MD, Beverly Hills Lip Treatment

Restore and contour the lip area with this targeted treatment.

NuFace®

Enhance any facial with gentle micro-current technology, lifts, contours and firms facial muscles. 30 minutes



SALON SERVICES

Hair Care

- Ladies Cut & Style
- Men's Cut & Style
- Blow Out
- Special Occasion Styling
- Beard Trim
- Ironing Techniques

Facial Waxing

Ask us about our facial waxing



NAIL CARE

Biltmore Classic Manicure

Soothe dry hands and hydrate skin with our manicure that includes cuticle care, nail filing, buffing and sugar scrub, followed by a relaxing hand massage. A soothing mask wrapped with warm towels prepares the nails to be polished to perfection. 50 minutes

Biltmore Classic Pedicure

Balance the feet and soothe dry skin with this ultimate indulgence that includes an aromatic foot soak, cuticle care, nail filing, buffing and sugar scrub, followed by a relaxing foot massage. and a soothing mask wrapped with warm towels. The finishing touch is the polish of your choice. 50 minutes

Distinguished – Just for Men

Detailed nail care, cuticle work and an exfoliating massage will relax you and leave you feeling your best. Available as a manicure or pedicure. 50 minutes

Express Nail Care

Detailed nail care with moisturizing lotion and your favorite lacquer color. Available as a manicure or pedicure. 20 minutes

Nail Systems

- Acrylic Full Set
- Acrylic Fill
- Gel Manicure
- Gel Pedicure

Manicure and Pedicure Enhancements

- French Polish
- Warm Stones
- Paraffin

